

Lonestar Showcase Race Schedule			
Friday, May 22nd 2026			
		Check - IN	Start Time
Girls 3200	Heat 1	7:55pm	8:00pm
Boys 3200	Heat 1	8:10pm	8:15pm
Boys 3200	Heat 2	8:25pm	8:30pm
Boys 3200	Heat 3	8:40pm	8:45pm
Girls 3200	Heat 2	8:53pm	8:58pm
Boys 3200	Heat 4	9:06pm	9:11pm

Saturday, May 23rd 2026			
		Check - IN	Start Time
Girls 800	Heat 1	6:55pm	7:00pm
Boys 800	Heat 1	7:00pm	7:05pm
Girls 800	Heat 2	7:05pm	7:10pm
Boys 800	Heat 2	7:10pm	7:15pm
Boys 800	Heat 3	7:15pm	7:20pm
Boys 800	Heat 4	7:20pm	7:25pm
Boys 800	Heat 5	7:25pm	7:30pm
Girls 800	Heat 3	7:30pm	7:35pm
Boys 800	Heat 6	7:35pm	7:40pm
Girls Mile	Heat 1	7:40pm	7:45pm
Boys Mile	Heat 1	7:50pm	7:55pm
Girls Mile	Heat 2	8:00pm	8:05pm
Boys Mile	Heat 2	8:08pm	8:13pm
Girls Mile	Heat 3	8:15pm	8:20pm
Boys Mile	Heat 3	8:22pm	8:27pm
Boys Mile	Heat 4	8:29pm	8:34pm
Boys Mile	Heat 5	8:36pm	8:41pm
Boys Mile	Heat 6	8:43pm	8:48pm
Boys Mile	Heat 7	8:50pm	8:55pm
Girls Mile	Heat 4	8:57pm	9:02pm
Boys Mile	Heat 8	9:05pm	9:10pm
Race Heats are run from Slowest to Fastest			
Athletes must have BIBS on at Check in			
Race Check IN located at Starting line & NO WATCHES			