

**The University of South Alabama Jaguar Invitational**  
**Meet Schedule**  
**Sunday, February 1, 2026**

**Meet Information**

**Entries:**

**For visiting teams, the following guidelines will be followed:**

**\*\*Note: Meet Director reserves the right to field size limitations and cutoff marks in the field and running events.**

**Field Events:**

- We will cap the throws and horizontal jumps to two flights. There are no guaranteed entries.
- Additional entries per school, per gender at the Meet Director's discretion.

**Running Events:**

- Entries will be limited to 32 in the 60m, 60 Hurdles.
- Relays: Limit 2 entries per team (2 for men, 2 for women)
- Additional athletes per event, per school at the meet director's discretion.

**Unattached Entries:**

- In the interest of efficient meet unattached entries will be very limited. Email Paul Brueske [pbrueske@southalabama.edu](mailto:pbrueske@southalabama.edu).
- Entry fee for unattached athletes is \$70 per athlete. Once payment is received, the athlete will be entered.

**NCAA Rule: Section 1. Misconduct**

- Misconduct is any act of dishonesty, unsportsmanlike conduct, unprofessional behavior or breach of law occurring at the locale of the competition or warm-up that discredits the event or intercollegiate athletics.
- All events will be run according to NCAA rules

**Seeding:**

- TFRRS will check marks. 60m and 60m Hurdles will be run as preliminaries and top 8 advance to finals. The top nine collegiate qualifiers in the LJ, TJ, SP & WT will proceed to the finals. Plus, any post-collegiate athletes, with the total in each final not to exceed twelve.

**Lanes:**

- For the 60m dash and 60m Hurdles, lanes 1-8 will be used.
- For the 200m dash, lanes 3-6 will be used. Preferred lanes are: 5-6-4-3-2
- For the 400m dash, lanes 2-6 will be used. Preferred lanes are: 5-6-4-3-2-1

**Team Scoring:** 10-8-6-5-4-3-2-1

**Entry Procedures:**

- Online only at Direct Athletics.
- Make sure to print out a hard copy of your records after you have declared.
- You may begin processing entries on January 1, 2026. FINAL ENTRIES MUST BE DECLARED **Tuesday, January , 2026**, by 5:00 pm. **No late entries will be accepted.**
- If needed, a revised schedule will be emailed to all teams once entries are received.

**Entry Fees:**

- Payable by check or credit card only, no personal checks. Make checks payable to the **University of South Alabama**.
- We will not accept payment at the Meet.
- \$750 per gender (\$1,500 for both programs).
- Checks can be mailed to:  
University of South Alabama  
Athletic Business Office  
300 Joseph E. Gottfried Drive  
Mobile, Alabama 36688
- Credit Card payment will be accepted in advance by calling 251-460-6547, ask for Donna Moore.

**Spectator Admission:**

**Tickets will be \$8, and children under 5 are admitted free. Tickets can be purchased online:**

<https://usajaguars.evenue.net/cgi-bin/ncommerce3/SEGetGroupList?groupCode=ATH&linkID=usal-athletics&shopperContext=&caller=&appCode=>

**Packet Pick-up:**

- Available morning of meet. Packet pick-up window at entrance of Crossplex.

**Check-in:**

- Track Athletes – Check in 15 min prior to your event. Once checked in, you will be required to stay in clerking area to be escorted to your event. Entrance to warm-up area 45 min. prior to your event. You will not be allowed to warm-up in the warm-up area before the 45 min mark prior to your event. Warm-up area is for sprinting, hurdling, starts, accelerations prior to your event, not for general warm-up. No exceptions. Pick up hip #s at check in. You will be required to have spike check prior to checking in. Spike check # 1 will be on the South side of bleachers outside of the warm-up area, a zip tie will be attached to your spikes. Spike check # 2 will be at Check in. Spike check # 3 will

be upon entrance to the warm-up area. Spike check # 4 will be at event site or starting line.

**Field Events:**

- Report to the head event official 45 minutes prior to the event.

**Implement Certification:**

- *Throwers should check in all implements at 9 AM...Throws certification tables closes at 11 AM*

**Shower facilities:**

- Available in locker rooms in warm-up areas upon request, please contact Crossplex administrators.

**Facility Restrictions:**

- The use of  $\frac{1}{4}$  pyramid spikes will be strictly enforced.
- No marking chalk will be allowed on track or runways.
- No hard shell 20lbs or 35lbs weight allowed.

**Athletic Training:**

- Please contact South Alabama trainer Zorrya Kelley [zkelley@southalabama.edu](mailto:zkelley@southalabama.edu)

**Parking:**

- Team bus and vans should use rear entrance behind Harris Arena on Avenue W when entering the Crossplex.
- Drop off athletes at rear of the Crossplex building.

**Pole Vault Poles:** To have poles shipped to the track, the address to the Crossplex is 2331 Bessemer Rd., Birmingham, AL 35208.

**University of South Alabama Indoor Invitational**  
**Meet Schedule**  
**Sunday, February 1, 2026**

**Running Events**

Women's Mile	<b>1:15 PM</b>
Men's Mile	
Women's 400m	<b>1:45 PM</b>
Men's 400m	
Women's 60m – Prelims (8 to finals)	<b>2:30 PM</b> or after Women's HJ
Men's 60m – Prelims	
Women's 60m Hurdle – Timed Finals	<b>3:00 PM</b>
Men's 60m Hurdle – Timed Finals	
Women's 60m – Final	Immediately following Men's 60 H
Men's 60m Final	
Women's 60 H Final	
Men's 60 H Final	
Women's 800m	<b>3:45 PM or conclusion of Hurdles (raise track)</b> <b>4:15 PM</b>
Men's 800m	
Women's 200m dash	<b>4:45 PM</b>
Men's 200m dash	
Women's Invitational 5000M	
Men's Invitational 5000M	
Women's 4x400m Relay	Immediately following the Men's 5000 M
Men's 4x400m Relay	

**Field Events**

Men's and Women's Shot Put (Two Circles)	<b>NOON</b>
Men's Long Jump	<b>1:00 PM</b>
Women's Long Jump	<b>1:00 PM</b>
Women's High Jump	<b>12:30 PM</b>
Women's Weight followed by Men's Weight	30 minutes after Shot Put
Women's Pole Vault followed by Men's Pole Vault will start approximately 1.5 hours after.	<b>1:00 PM</b>
Men's High Jump	5:00 PM or 30 minutes after the 60 Hurdle finals
Men's Triple Jump	5:00 PM
Women's Triple Jump	5:00 PM

## Starting Heights / Minimum Measurements

### High Jump Starting Height/ Increments

Invite:

Men	Women
1.91m	1.54m
2.01m	1.59m
2.06m	1.64m
2.11m	1.69m
2.16m	+ 3cm
+ 3 cm	

Open:

Men	Women
1.76m	1.44m
1.81m	1.49m
1.86m	1.54m
1.91m	1.59m
1.96m	1.64m
2.01m	+ 3 cm
+ 3 cm	

### Pole Vault Starting Height/ Increments (Subject to change based on # of entries)

Men	Women
4.32 m	3.35m
4.47m	3.50m
4.62m	3.65m
4.77m	3.80m
4.92m	3.95m
5.07m	4.05m
5.22m	4.15m
5.37m	4.25m
5.52m	

### Throws & Horizontal Jumps

**NOTE: We will be capping entries to two flights.**