

The University of South Alabama Jaguar Invitational

Meet Schedule

Sunday, February 1, 2026

Meet Information

Entries:

For visiting teams, the following guidelines will be followed:

****Note: Meet Director reserves the right to field size limitations and cutoff marks in the field and running events.**

Field Events:

- We will cap the throws and horizontal jumps to two flights. There are no guaranteed entries.
- Additional entries per school, per gender at the Meet Director's discretion.

Running Events:

- Entries will be limited to 32 in the 60m, 60 Hurdles.
- Relays: Limit 2 entries per team (2 for men, 2 for women)
- Additional athletes per event, per school at the meet director's discretion.

Unattached Entries:

- In the interest of efficient meet unattached entries will be very limited. Email Paul Brueske pbrueske@southalabama.edu.
- Entry fee for unattached athletes is \$70 per athlete. Once payment is received, the athlete will be entered.

NCAA Rule: Section 1. Misconduct

- Misconduct is any act of dishonesty, unsportsmanlike conduct, unprofessional behavior or breach of law occurring at the locale of the competition or warm-up that discredits the event or intercollegiate athletics.
- All events will be run according to NCAA rules

Seeding:

- TFRRS will check marks. 60m and 60m Hurdles will be run as preliminaries and top 8 advance to finals. The top nine collegiate qualifiers in the LJ, TJ, SP & WT will proceed to the finals. Plus, any post-collegiate athletes, with the total in each final not to exceed twelve.

Lanes:

- For the 60m dash and 60m Hurdles, lanes 1-8 will be used.
- For the 200m dash, lanes 3-6 will be used. Preferred lanes are: 5-6-4-3-2
- For the 400m dash, lanes 2-6 will be used. Preferred lanes are: 5-6-4-3-2-1

Team Scoring: 10-8-6-5-4-3-2-1

Entry Procedures:

- Online only at Direct Athletics.
- Make sure to print out a hard copy of your records after you have declared.
- You may begin processing entries on January 1, 2026. FINAL ENTRIES MUST BE DECLARED **Tuesday, January , 2026**, by 5:00 pm. **No late entries will be accepted.**
- If needed, a revised schedule will be emailed to all teams once entries are received.

Entry Fees:

- Payable by check or credit card only, no personal checks. Make checks payable to the **University of South Alabama.**
- **We will not accept payment at the Meet.**
- \$750 per gender (\$1,500 for both programs).
- Checks can be mailed to:
University of South Alabama
Athletic Business Office
300 Joseph E. Gottfried Drive
Mobile, Alabama 36688
- **Credit Card payment will be accepted in advance by calling 251-460-6547, ask for Donna Moore.**

Spectator Admission:

Tickets will be \$8, and children under 5 are admitted free. Tickets can be purchased online:

<https://usajaguars.venue.net/cgi-bin/ncommerce3/SEGetGroupList?groupCode=ATH&linkID=usal-athletics&shopperContext=&caller=&appCode=>

Packet Pick-up:

- Available morning of meet. Packet pick-up window at entrance of Crossplex.

Check-in:

- Track Athletes – Check in 15 min prior to your event. Once checked in, you will be required to stay in clerking area to be escorted to your event. Entrance to warm-up area 45 min. prior to your event. You will not be allowed to warm-up in the warm-up area before the 45 min mark prior to your event. Warm-up area is for sprinting, hurdling, starts, accelerations prior to your event, not for general warm-up. No exceptions. Pick up hip #s at check in. You will be required to have spike check prior to checking in. Spike check # 1 will be on the South side of bleachers outside of the warm-up area, a zip tie will be attached to your spikes. Spike check # 2 will be at Check in. Spike check # 3 will

be upon entrance to the warm-up area. Spike check # 4 will be at event site or starting line.

Field Events:

- Report to the head event official 45 minutes prior to the event.

Implement Certification:

- *Throwers should check in all implements at 9 AM...Throws certification tables closes at 11 AM*

Shower facilities:

- Available in locker rooms in warm-up areas upon request, please contact Crossplex administrators.

Facility Restrictions:

- The use of ¼ pyramid spikes will be strictly enforced.
- No marking chalk will be allowed on track or runways.
- No hard shell 20lbs or 35lbs weight allowed.

Athletic Training:

- Please contact South Alabama trainer Zorrrya Kelley zkelley@southalabama.edu

Parking:

- Team bus and vans should use rear entrance behind Harris Arena on Avenue W when entering the Crossplex.
- Drop off athletes at rear of the Crossplex building.

Pole Vault Poles: To have poles shipped to the track, the address to the Crossplex is 2331 Bessemer Rd., Birmingham, AL 35208.

University of South Alabama Indoor Invitational
Meet Schedule
Sunday, February 1, 2026

Running Events

Women's Mile	1:15 PM
Men's Mile	
Women's 400m	1:45 PM
Men's 400m	
Women's 60m – Prelims (8 to finals)	2:30 PM or after Women's HJ
Men's 60m – Prelims	
Women's 60m Hurdle – Timed Finals	3:00 PM
Men's 60m Hurdle – Timed Finals	
Women's 60m – Final	Immediately following Men's 60 H
Men's 60m Final	
Women's 60 H Final	
Men's 60 H Final	
Women's 800m	3:45 PM or conclusion of Hurdles (raise track) 4:15 PM
Men's 800m	
Women's 200m dash	4:45 PM
Men's 200m dash	
Women's Invitational 5000M	
Men's Invitational 5000M	
Women's 4x400m Relay	Immediately following the Men's 5000 M
Men's 4x400m Relay	

Field Events

Men's and Women's Shot Put (Two Circles)	NOON
Men's Long Jump	1:00 PM
Women's Long Jump	1:00 PM
Women's High Jump	12:30 PM
Women's Weight followed by Men's Weight	30 minutes after Shot Put
Women's Pole Vault followed by Men's Pole Vault will start approximately 1.5 hours after.	1:00 PM
Men's High Jump	5:00 PM or 30 minutes after the 60 Hurdle finals
Men's Triple Jump	5:00 PM
Women's Triple Jump	5:00 PM

Starting Heights / Minimum Measurements

High Jump Starting Height/ Increments

Invite:

Men	Women
1.91m	1.54m
2.01m	1.59m
2.06m	1.64m
2.11m	1.69m
2.16m	+ 3cm
+ 3 cm	

Open:

Men	Women
1.76m	1.44m
1.81m	1.49m
1.86m	1.54m
1.91m	1.59m
1.96m	1.64m
2.01m	+ 3 cm
+ 3 cm	

Pole Vault Starting Height/ Increments (Subject to change based on # of entries)

Men	Women
4.32 m	3.35m
4.47m	3.50m
4.62m	3.65m
4.77m	3.80m
4.92m	3.95m
5.07m	4.05m
5.22m	4.15m
5.37m	4.25m
5.52m	

Throws & Horizontal Jumps

NOTE: We will be capping entries to two flights.