



Dutch Holiday Preview - Friday December 12th, 2025

Saturday

Field Events:

10:00 am	Long Jump (W/M) - Triple Jump to Follow (W/M)
10:00 am	Weight Throw (W/M) - Shotput to Follow (W/M)
10:00 am	Pole Vault (M/W)
10:00 am	High Jump (M/W)

Running Events: (Times are currently only Estimates-we will finalize after entries close)

12:00 pm	W-60m Hurdle Prelims (sections)	Heat Winner plus next best times advance to finals
12:10 pm	M-60m Hurdle Prelims (sections)	Heat Winner plus next best times advance to finals
12:20 pm	W-60m Dash Prelims (sections)	Heat Winner plus next best times advance to finals
12:30 pm	M-60m Dash Prelims (sections)	Heat Winner plus next best times advance to finals
12:40 pm	W-3k (section)	
12:55 pm	M-3k (section)	
1:10 pm	M-60m Hurdle Finals (section)	
1:20 pm	W-60m Hurdle Finals (section)	
1:30 pm	W-60m Dash Finals (section)	
1:35 pm	M-60m Dash Finals (section)	
1:40 pm	W- Mile (section)	
1:50 pm	M- Mile (Section)	
2:00 pm	W- 1000m Run (section)	
2:10 pm	M- 1000m Run (Section)	
2:20 pm	W-300m (sections)	
2:30 pm	M-300m (sections)	
2:40 pm	W-600m (sections)	
2:50 pm	M-600m (section)	
3:00 pm	W-200m (sections)	
3:10 pm	M-200m (sections)	
3:20 pm	W-4x400 (sections)	
3:30 pm	M-4x400 (sections)	