

**St. Olaf Ole Opener - 1/17/2026****Tostrud Center, St. Olaf College****Results****Women 60 Meter Dash**

Facility Rec: 7.67 F 2014

Mallory Burnham, St. Thomas

| Name                     | Yr | School                | Prelims | H# |
|--------------------------|----|-----------------------|---------|----|
| <b>Preliminaries</b>     |    |                       |         |    |
| 1 Jore, Ashlyn           | SR | St. Olaf              | 8.06 Q  | 2  |
| 2 Sappington, Evangeline | FR | St. Olaf              | 8.11 Q  | 6  |
| 3 Jaeckle, Izzi          | SO | St. Olaf              | 8.14 Q  | 5  |
| 4 Stacy, Allison         | SO | Gustavus Adolphus     | 8.16 Q  | 4  |
| 5 Loftness, Ava          | FR | Gustavus Adolphus     | 8.22 Q  | 1  |
| 6 McLeod, Kaylee         | JR | Viterbo               | 8.25 Q  | 3  |
| 7 Hyatt, Braylee         | JR | Viterbo               | 8.21 q  | 5  |
| 8 Mensah, Terri          | FR | Carleton              | 8.23 q  | 1  |
| 9 Stewart, Ellie         | FR | Viterbo               | 8.25    | 2  |
| 10 Semple, Ellie         | FR | St. Olaf              | 8.28    | 3  |
| 11 Lott, Bianca          | SR | Carleton              | 8.29    | 6  |
| 12 Chvatal, Lillia       | JR | Viterbo               | 8.33    | 1  |
| 13 Rahberg, Ezra         | SR | Luther                | 8.37    | 2  |
| 14 Muglia, Jillian       | FR | Carleton              | 8.39    | 6  |
| 15 Thauvin, Laura        | SO | Gustavus Adolphus     | 8.40    | 4  |
| 16 Reis, Lydia           | FR | Viterbo               | 8.45    | 4  |
| 17 Islam, Alice          | SO | Carleton              | 8.45    | 1  |
| 18 Ketterling, Catelyn   | SO | North Central (Minn.) | 8.46    | 4  |
| 19 Elco, Annika          | SR | Luther                | 8.49    | 6  |
| 20 Thompson, Grace       | FR | Crown                 | 8.51    | 4  |
| 21 Groen, Abby           | FR | Gustavus Adolphus     | 8.53    | 6  |
| 22 Torres, Alexa         | SO | Waldorf               | 8.54    | 3  |
| 23 Lindner, Sarrah       | SR | Gustavus Adolphus     | 8.56    | 2  |
| 24 Luqman, Nibras        | SR | Minnesota-Morris      | 8.58    | 5  |
| 25 Kedsch, Samantha      | SO | Bethany Lutheran      | 8.62    | 2  |
| 26 Schwartz, Elise       | FR | Martin Luther         | 8.68    | 2  |
| 27 Hopp, Avery           | FR | Bethany Lutheran      | 8.70    | 3  |
| 28 Geers, Mackenzie      | JR | Viterbo               | 8.71    | 6  |
| 29 Robinson, Rhianna     | SO | Viterbo               | 8.73    | 5  |
| 30 Lubinsky, Emma        | FR | Viterbo               | 8.76    | 5  |
| 31 Jensen, Jensi         | SR | Gustavus Adolphus     | 8.78    | 6  |
| 32 Wagner-Hemstad, Alice | SO | St. Olaf              | 8.79    | 3  |
| 33 Knight, April         | SO | Minnesota-Morris      | 8.83    | 1  |
| 34 Klein, Ariana         | SO | Crown                 | 8.84    | 2  |
| 35 Ping, Riley           | JR | Bethany Lutheran      | 8.85    | 1  |
| 36 Kennedy, Adelyn       | SO | Gustavus Adolphus     | 8.93    | 4  |
| 37 Smith, Sarah          | FR | Bethany Lutheran      | 9.02    | 5  |
| 38 Banse, Grace          | SR | Gustavus Adolphus     | 9.09    | 3  |
| 39 Ciske, Lily           | SO | North Central (Minn.) | 9.29    | 1  |
| 40 Coburn, Olive         | SR | St. Olaf              | 9.45    | 4  |
| 41 Leland, Lakyn         | FR | Viterbo               | 9.58    | 5  |
| 42 Gehl, Matteah         | JR | Martin Luther         | 9.62    | 3  |

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Facility Rec: 7.67 F 2014

Mallory Burnham, St. Thomas

| Name                     | Yr | School            | Finals | Points |
|--------------------------|----|-------------------|--------|--------|
| <b>Finals</b>            |    |                   |        |        |
| 1 Jore, Ashlyn           | SR | St. Olaf          | 8.04   |        |
| 2 Sappington, Evangeline | FR | St. Olaf          | 8.07   |        |
| 3 Stacy, Allison         | SO | Gustavus Adolphus | 8.14   |        |
| 4 Jaeckle, Izzi          | SO | St. Olaf          | 8.16   |        |
| 5 Hyatt, Braylee         | JR | Viterbo           | 8.22   |        |
| 6 McLeod, Kaylee         | JR | Viterbo           | 8.26   |        |
| 7 Mensah, Terri          | FR | Carleton          | 8.29   |        |
| 8 Loftness, Ava          | FR | Gustavus Adolphus | 8.31   |        |

**Women 200 Meter Dash**

Facility Rec: 25.16 F 2024

Megan Geraets, Gustavus

| Name                  | Yr | School                | Finals | H# | Points |
|-----------------------|----|-----------------------|--------|----|--------|
| <b>Finals</b>         |    |                       |        |    |        |
| 1 Jaeckle, Izzi       | SO | St. Olaf              | 26.07  | 1  |        |
| 2 Poppe, Avery        | SO | Viterbo               | 26.42  | 1  |        |
| 3 Stein, Claire       | FR | St. Olaf              | 26.88  | 4  |        |
| 4 Stacy, Allison      | SO | Gustavus Adolphus     | 27.15  | 3  |        |
| 5 Luetmer, McKenzie   | JR | Gustavus Adolphus     | 27.84  | 3  |        |
| 6 Lott, Bianca        | SR | Carleton              | 28.01  | 2  |        |
| 7 Rahberg, Ezra       | SR | Luther                | 28.07  | 3  |        |
| 8 Stewart, Ellie      | FR | Viterbo               | 28.14  | 5  |        |
| 9 Rocheford, Lauren   | SR | Gustavus Adolphus     | 28.27  | 8  |        |
| 10 Luqman, Nibras     | SR | Minnesota-Morris      | 28.29  | 6  |        |
| 11 Podulke, Emily     | SO | Gustavus Adolphus     | 28.30  | 2  |        |
| 12 Muglia, Jillian    | FR | Carleton              | 28.38  | 7  |        |
| 13 Walsh, Annika      | FR | St. Olaf              | 28.55  | 9  |        |
| 14 Brueckner, Ruth    | SR | Crown                 | 28.70  | 8  |        |
| 15 Stark, Teagan      | SO | Gustavus Adolphus     | 28.75  | 5  |        |
| 16 Lindner, Sarrah    | SR | Gustavus Adolphus     | 28.80  | 5  |        |
| 17 Torres, Alexa      | SO | Waldorf               | 28.83  | 8  |        |
| 18 Teynor, Lainey     | SR | Viterbo               | 28.90  | 9  |        |
| 19 Vogel, Sophia      | FR | Gustavus Adolphus     | 28.93  | 4  |        |
| 20 McLeod, Kaylee     | JR | Viterbo               | 28.93  | 7  |        |
| 21 Jensen, Jensi      | SR | Gustavus Adolphus     | 29.22  | 4  |        |
| 22 Kienitz, Ella      | SO | Gustavus Adolphus     | 29.45  | 3  |        |
| 23 Horton, Joyce      | SO | North Central (Minn.) | 29.53  | 1  |        |
| 24 White, Caleigha    | FR | Waldorf               | 29.65  | 10 |        |
| 25 Klein, Aubree      | JR | St. Olaf              | 29.85  | 6  |        |
| 26 Lee, Maddox        | SR | Gustavus Adolphus     | 29.85  | 1  |        |
| 27 Ping, Riley        | JR | Bethany Lutheran      | 29.97  | 7  |        |
| 28 Schema, Jayna      | JR | Viterbo               | 30.00  | 2  |        |
| 29 Mielcarski, Sydney | FR | Carleton              | 30.16  | 5  |        |
| 30 Geers, Mackenzie   | JR | Viterbo               | 30.18  | 9  |        |
| 31 Syverson, Sophie   | FR | Carleton              | 30.59  | 7  |        |
| 32 Braaten, Delaney   | SO | Gustavus Adolphus     | 30.97  | 6  |        |
| 33 Robinson, Mae      | FR | St. Olaf              | 31.39  | 10 |        |
| 34 Coburn, Olive      | SR | St. Olaf              | 32.58  | 8  |        |

**St. Olaf Ole Opener - 1/17/2026****Tostrud Center, St. Olaf College****Results****Finals ... (Women 200 Meter Dash)**

| Name             | Yr | School  | Finals | H# | Points |
|------------------|----|---------|--------|----|--------|
| 35 Leland, Lakyn | FR | Viterbo | 33.05  | 10 |        |

**Women 400 Meter Dash**Facility Rec: **56.35 F 2006** Rachel Anderson, Illinois Wesleyan

| Name                    | Yr | School                | Finals  | H# | Points |
|-------------------------|----|-----------------------|---------|----|--------|
| <b>Finals</b>           |    |                       |         |    |        |
| 1 Semple, Ellie         | FR | St. Olaf              | 59.92   | 1  |        |
| 2 Luetmer, McKenzie     | JR | Gustavus Adolphus     | 1:00.75 | 1  |        |
| 3 Fynboh, Isabel        | SR | Gustavus Adolphus     | 1:03.59 | 4  |        |
| 4 Wagner-Hemstad, Alice | SO | St. Olaf              | 1:03.70 | 2  |        |
| 5 Dauner, Emma          | JR | St. Olaf              | 1:04.21 | 2  |        |
| 6 Stark, Teagan         | SO | Gustavus Adolphus     | 1:04.78 | 5  |        |
| 7 Foley, Naomi          | SR | Martin Luther         | 1:06.36 | 3  |        |
| 8 Schwartz, Elise       | FR | Martin Luther         | 1:06.66 | 3  |        |
| 9 Mielcarski, Sydney    | FR | Carleton              | 1:06.80 | 1  |        |
| 10 Zellmann, Taryn      | SO | Bethany Lutheran      | 1:07.20 | 3  |        |
| 11 Geers, Mackenzie     | JR | Viterbo               | 1:07.46 | 4  |        |
| 12 Horton, Joyce        | SO | North Central (Minn.) | 1:07.95 | 5  |        |
| 13 Torres, Alexa        | SO | Waldorf               | 1:10.11 | 3  |        |
| 14 Schema, Jayna        | JR | Viterbo               | 1:10.85 | 2  |        |
| 15 Seiwert, Autumn      | FR | Crown                 | 1:12.31 | 2  |        |
| 16 Hause, Lindsey       | SO | Minnesota-Morris      | 1:13.12 | 4  |        |
| 17 Ronholdt, Lilly      | SO | Minnesota-Morris      | 1:14.39 | 1  |        |
| 18 White, Caleigha      | FR | Waldorf               | 1:15.81 | 5  |        |

**Women 600 Meter Run**Facility Rec: **1:31.68 F 2019** Phoebe Aguiar, Macalester

| Name              | Yr | School            | Finals  | H# | Points |
|-------------------|----|-------------------|---------|----|--------|
| <b>Finals</b>     |    |                   |         |    |        |
| 1 Nemet, Pamina   | FR | Carleton          | 1:39.26 | 2  |        |
| 2 DenHartog, Cora | FR | St. Olaf          | 1:39.32 | 1  |        |
| 3 Mickelson, Nora | JR | St. Olaf          | 1:41.16 | 1  |        |
| 4 DiNardo, Molly  | JR | St. Olaf          | 1:42.67 | 2  |        |
| 5 Brueckner, Ruth | SR | Crown             | 1:43.71 | 1  |        |
| 6 Teynor, Lainey  | SR | Viterbo           | 1:47.30 | 1  |        |
| 7 Peck, Brandi    | SR | Waldorf           | 1:48.16 | 2  |        |
| 8 Kienitz, Ella   | SO | Gustavus Adolphus | 1:48.51 | 2  |        |

**Women 800 Meter Run**Facility Rec: **2:11.95 F 2003** Megan Daymont, St. Olaf

| Name                  | Yr | School           | Finals  | H# | Points |
|-----------------------|----|------------------|---------|----|--------|
| <b>Finals</b>         |    |                  |         |    |        |
| 1 McKown, Eliza       | SR | Waldorf          | 2:18.86 | 1  |        |
| 2 Amundson, Campbell  | FR | Bethany Lutheran | 2:26.45 | 2  |        |
| 3 Morrison, Lindsey   | SO | Crown            | 2:27.33 | 1  |        |
| 4 Kusch, Charlotte    | SO | Carleton         | 2:31.53 | 1  |        |
| 5 O'Connor, Marissa   | JR | Waldorf          | 2:32.74 | 1  |        |
| 6 Agati, Genevieve    | SO | Carleton         | 2:34.94 | 1  |        |
| 7 Cherniavsky, Sierra | FR | Carleton         | 2:35.58 | 1  |        |
| 8 Stumbo, Ellen       | SO | Carleton         | 2:35.84 | 2  |        |

**St. Olaf Ole Opener - 1/17/2026****Tostrud Center, St. Olaf College****Results****Finals ... (Women 800 Meter Run)**

| Name                 | Yr | School                | Finals  | H# | Points |
|----------------------|----|-----------------------|---------|----|--------|
| 9 Gould, Anna        | FR | Gustavus Adolphus     | 2:40.35 | 1  |        |
| 10 Foster, Gracelyn  | SO | Crown                 | 2:42.94 | 2  |        |
| 11 Hagen, Elsey      | JR | Gustavus Adolphus     | 2:49.83 | 1  |        |
| 12 Kuchta, Isabel    | FR | Martin Luther         | 2:53.73 | 2  |        |
| 13 Weed, Rachel      | FR | Martin Luther         | 2:59.65 | 2  |        |
| 14 Seiwert, Autumn   | FR | Crown                 | 3:01.89 | 2  |        |
| 15 Nelsen, Claire    | FR | North Central (Minn.) | 3:15.45 | 2  |        |
| 16 Malecek, Gracelyn | FR | Bethany Lutheran      | 3:30.64 | 2  |        |

**Women 1000 Meter Run**

Facility Rec: 2:52.37 F 2013

Taylor Berg, St. Thomas

| Name                    | Yr | School                | Finals  | H# | Points |
|-------------------------|----|-----------------------|---------|----|--------|
| <b>Finals</b>           |    |                       |         |    |        |
| 1 Tittel, Lauren        | FR | Carleton              | 3:00.27 | 1  |        |
| 2 Marx, Kayla           | SO | Carleton              | 3:06.24 | 1  |        |
| 3 Dufault, Ella         | JR | Crown                 | 3:07.40 | 1  |        |
| 4 Peterson, Nina        | FR | Carleton              | 3:09.95 | 1  |        |
| 5 Helmer, Anna-Britta   | FR | St. Olaf              | 3:10.85 | 1  |        |
| 6 Wallin, Katja         | FR | Gustavus Adolphus     | 3:14.38 | 1  |        |
| 7 Viner, Brooke         | FR | Gustavus Adolphus     | 3:15.26 | 1  |        |
| 8 Soli, Ellyn           | FR | Gustavus Adolphus     | 3:17.89 | 1  |        |
| 9 Lewis-Mussa, Shemsy   | SO | Carleton              | 3:19.80 | 2  |        |
| 10 Reckmeyer, Madeleine | SO | Carleton              | 3:20.00 | 2  |        |
| 11 Peterson, Nicole     | FR | Carleton              | 3:20.03 | 1  |        |
| 12 Leiner, Willemijn    | SO | St. Olaf              | 3:20.74 | 1  |        |
| 13 Blaich, Anna         | FR | Carleton              | 3:26.62 | 2  |        |
| 14 Austin, Kaia         | FR | Gustavus Adolphus     | 3:28.61 | 2  |        |
| 15 Forbord, Anna        | FR | Gustavus Adolphus     | 3:30.68 | 2  |        |
| 16 Peterson, Kaitlyn    | JR | St. Catherine (Minn.) | 3:33.11 | 2  |        |
| 17 Chovan, Jill         | FR | Viterbo               | 3:33.53 | 2  |        |
| 18 Jordan, Brittany     | FR | Gustavus Adolphus     | 3:35.48 | 2  |        |
| 19 Boevers, Gabbie      | FR | Gustavus Adolphus     | 3:41.01 | 2  |        |
| 20 Gebhardt, Olivia     | FR | St. Olaf              | 3:47.97 | 2  |        |
| 21 Nelsen, Claire       | FR | North Central (Minn.) | 4:05.51 | 2  |        |

**Women 1 Mile Run**

Facility Rec: 4:55.60 F 2013

Taylor Berg, St. Thomas

| Name                | Yr | School                | Finals  | Points |
|---------------------|----|-----------------------|---------|--------|
| <b>Finals</b>       |    |                       |         |        |
| 1 Dufault, Ella     | JR | Crown                 | 5:23.87 |        |
| 2 Habben, Jemimah   | SO | Martin Luther         | 5:24.47 |        |
| 3 Peterson, Nicole  | FR | Carleton              | 5:26.79 |        |
| 4 Morrison, Lindsey | SO | Crown                 | 5:42.39 |        |
| 5 Felsing, Sarah    | SO | Martin Luther         | 5:43.21 |        |
| 6 Forbord, Anna     | FR | Gustavus Adolphus     | 5:48.30 |        |
| 7 Gould, Anna       | FR | Gustavus Adolphus     | 5:51.01 |        |
| 8 Arroyo, Mia       | SO | Crown                 | 5:52.34 |        |
| 9 Sit, Mist         | SO | St. Catherine (Minn.) | 5:59.04 |        |
| 10 Dufault, Callie  | FR | Crown                 | 6:00.58 |        |
| 11 Hagen, Elsey     | JR | Gustavus Adolphus     | 6:03.69 |        |

**St. Olaf Ole Opener - 1/17/2026****Tostrud Center, St. Olaf College****Results****Finals ... (Women 1 Mile Run)**

|    | Name            | Yr | School                | Finals  | Points |
|----|-----------------|----|-----------------------|---------|--------|
| 12 | Wendland, Carys | FR | Martin Luther         | 6:15.63 |        |
| 13 | Weiss, Audrey   | SO | Gustavus Adolphus     | 6:18.94 |        |
| 14 | Lamb, Felicity  | JR | St. Catherine (Minn.) | 6:36.40 |        |
| 15 | Kerndt, Miranda | SR | St. Catherine (Minn.) | 6:58.70 |        |

**Women 3000 Meter Run**

Facility Rec: 9:46.83 F 2024

Fiona Smith, St, Benedict

|               | Name                | Yr | School                | Finals   | H# | Points |
|---------------|---------------------|----|-----------------------|----------|----|--------|
| <b>Finals</b> |                     |    |                       |          |    |        |
| 1             | Walda, Lauren       | SR | St. Olaf              | 10:16.01 | 1  |        |
| 2             | Preisser, Hannah    | SR | Carleton              | 10:17.33 | 1  |        |
| 3             | Vukovics, Claire    | FR | Carleton              | 10:29.99 | 1  |        |
| 4             | Timmerman, Megan    | SR | St. Olaf              | 10:38.20 | 1  |        |
| 5             | Larsen, Aliya       | SR | Carleton              | 10:38.20 | 1  |        |
| 6             | Ruzanic, Louise     | FR | Carleton              | 10:43.89 | 1  |        |
| 7             | Lindeman, Eleanor   | FR | St. Catherine (Minn.) | 10:48.92 | 1  |        |
| 8             | England, Arabella   | SO | St. Olaf              | 10:54.15 | 1  |        |
| 9             | Jerdee, Ella        |    | Unattached            | 10:57.31 | 1  |        |
| 10            | Moeller, Grace      | SR | St. Olaf              | 10:58.93 | 1  |        |
| 11            | Liston, Molly       | SR | Gustavus Adolphus     | 11:05.69 | 1  |        |
| 12            | Enfield, Addison    | FR | Gustavus Adolphus     | 11:05.89 | 1  |        |
| 13            | Anderson, Siiri     | FR | Gustavus Adolphus     | 11:12.88 | 2  |        |
| 14            | Murphy, Mackenzie   | JR | Gustavus Adolphus     | 11:18.80 | 1  |        |
| 15            | Wilper, Magda       | FR | St. Olaf              | 11:22.05 | 2  |        |
| 16            | Sunnarborg, Laura   | JR | Gustavus Adolphus     | 11:29.42 | 2  |        |
| 17            | Tung-Mabry, Madelyn | JR | St. Olaf              | 11:42.38 | 2  |        |
| 18            | Hahm, Grace         | FR | Martin Luther         | 11:50.50 | 2  |        |
| 19            | Varikuti, Sanchi    | SO | Gustavus Adolphus     | 11:56.70 | 2  |        |
| 20            | Arroyo, Mia         | SO | Crown                 | 12:00.22 | 1  |        |
| 21            | Gushwa, Piper       | FR | Gustavus Adolphus     | 12:03.05 | 2  |        |
| 22            | Feldhahn, Lydia     | FR | St. Catherine (Minn.) | 12:15.61 | 2  |        |
| 23            | Keil, Ali           | FR | Gustavus Adolphus     | 12:37.03 | 2  |        |
| 24            | Schulte, Lilly      | FR | Gustavus Adolphus     | 12:39.46 | 2  |        |
| 25            | Trapp, Nicole       | SR | Martin Luther         | 12:42.25 | 2  |        |
| 26            | Lehmann Duke, Celia | SR | Carleton              | 12:45.14 | 2  |        |
| 27            | Dehn, Emily         | JR | Gustavus Adolphus     | 12:45.91 | 2  |        |
| 28            | Dewberry, Amelia    | JR | Gustavus Adolphus     | 12:48.67 | 2  |        |
| 29            | Hatlevig, Vivian    | FR | Gustavus Adolphus     | 13:02.31 | 2  |        |

**Women 60 Meter Hurdles**

Facility Rec: 8.52 F 2025

Kelsie Sealock, Bethel

|                      | Name            | Yr | School            | Prelims | H# |
|----------------------|-----------------|----|-------------------|---------|----|
| <b>Preliminaries</b> |                 |    |                   |         |    |
| 1                    | Ludwig, Emily   | JR | Viterbo           | 9.14 Q  | 1  |
| 2                    | Ring, Camille   | JR | Crown             | 9.37 Q  | 3  |
| 3                    | Walsh, Annika   | FR | St. Olaf          | 9.57 Q  | 4  |
| 4                    | Lee, Maddox     | SR | Gustavus Adolphus | 10.39 Q | 2  |
| 5                    | Frantzich, Svea | FR | St. Olaf          | 9.43 q  | 3  |
| 6                    | Stein, Claire   | FR | St. Olaf          | 9.55 q  | 1  |
| 7                    | Vogel, Sophia   | FR | Gustavus Adolphus | 9.82 q  | 1  |

**St. Olaf Ole Opener - 1/17/2026****Tostrud Center, St. Olaf College****Results****Preliminaries ... (Women 60 Meter Hurdles)**

| Name                  | Yr | School            | Prelims | H# |
|-----------------------|----|-------------------|---------|----|
| 8 Mulhall, Madison    | FR | Waldorf           | 9.91 q  | 1  |
| 9 Podulke, Emily      | SO | Gustavus Adolphus | 9.93    | 4  |
| 10 Badger, Maya       | FR | Luther            | 10.02   | 4  |
| 11 Rodmyre, Hannah    | SO | Martin Luther     | 10.21   | 1  |
| 12 Keech, Claire      | SR | St. Olaf          | 10.36   | 3  |
| 13 Klein, Ariana      | SO | Crown             | 10.37   | 1  |
| 14 Rocheford, Lauren  | SR | Gustavus Adolphus | 10.52   | 4  |
| 15 Watry, Mary        | FR | Minnesota-Morris  | 10.55   | 3  |
| 16 Elco, Annika       | SR | Luther            | 10.70   | 2  |
| 17 Weber, Olivia      | FR | Viterbo           | 10.79   | 3  |
| 18 Roth, Erika        | FR | Luther            | 10.79   | 3  |
| 19 Sanders, Sadie     | FR | Viterbo           | 10.84   | 2  |
| 20 Hanson, Addison    | FR | Viterbo           | 10.91   | 3  |
| 21 Klein, Aubree      | JR | St. Olaf          | 10.97   | 2  |
| 22 Kelleher, Caroline | SO | Carleton          | 10.97   | 2  |
| 23 Stahl, Chelsea     | JR | Gustavus Adolphus | 10.98   | 2  |
| 24 Robinson, Mae      | FR | St. Olaf          | 11.32   | 4  |
| 25 Schleusener, Lydia | FR | Martin Luther     | 11.99   | 4  |
| 26 Lubinsky, Emma     | FR | Viterbo           | 12.44   | 2  |
| 27 Landmesser, Grace  | SO | Luther            | 12.75   | 4  |

**Women 60 Meter Hurdles**

Facility Rec: **8.52 F 2025** Kelsie Sealock, Bethel

| Name               | Yr | School            | Finals | Points |
|--------------------|----|-------------------|--------|--------|
| <b>Finals</b>      |    |                   |        |        |
| 1 Ludwig, Emily    | JR | Viterbo           | 9.14   |        |
| 2 Walsh, Annika    | FR | St. Olaf          | 9.52   |        |
| 3 Ring, Camille    | JR | Crown             | 9.63   |        |
| 4 Stein, Claire    | FR | St. Olaf          | 9.79   |        |
| 5 Vogel, Sophia    | FR | Gustavus Adolphus | 9.87   |        |
| 6 Frantzich, Svea  | FR | St. Olaf          | 9.91   |        |
| 7 Mulhall, Madison | FR | Waldorf           | 10.02  |        |
| 8 Lee, Maddox      | SR | Gustavus Adolphus | 11.37  |        |

**Women 4x200 Meter Relay**

Facility Rec: **1:43.18 F 2019** St. Thomas  
McFerson, Smith, Chell, Marciniak

| Team                  | Relay                   | Finals               | Points              |
|-----------------------|-------------------------|----------------------|---------------------|
| <b>Finals</b>         |                         |                      |                     |
| 1 Viterbo             | A                       | 1:48.84              |                     |
| 1) Marks, Loganne SO  | 2) Hyatt, Braylee JR    | 3) Stewart, Ellie FR | 4) Poppe, Avery SO  |
| 2 Crown               | A                       | 1:53.75              |                     |
| 1) Thompson, Grace FR | 2) Kile, Ruby FR        | 3) Klein, Ariana SO  | 4) Ring, Camille JR |
| 3 Luther              | A                       | 1:54.15              |                     |
| 1) Rahberg, Ezra SR   | 2) Landmesser, Grace SO | 3) Badger, Maya FR   | 4) Roth, Erika FR   |

**St. Olaf Ole Opener - 1/17/2026****Tostrud Center, St. Olaf College****Results****Women 4x400 Meter Relay**Facility Rec: **3:51.08 F 2006**

Lincoln University

Richardson, Parker, Sabb, Mathews

| Team                     | Relay                   | Finals                    | Points                     |
|--------------------------|-------------------------|---------------------------|----------------------------|
| <b>Finals</b>            |                         |                           |                            |
| 1 St. Olaf               | A                       | 4:03.05                   |                            |
| 1) Jaeckle, Izzi SO      | 2) DenHartog, Cora FR   | 3) Mickelson, Nora JR     | 4) DiNardo, Molly JR       |
| 2 Waldorf                | A                       | 4:16.86                   |                            |
| 1) Mulhall, Madison FR   | 2) O'Connor, Marissa JR | 3) Peck, Brandi SR        | 4) McKown, Eliza SR        |
| 3 Carleton               | A                       | 4:18.13                   |                            |
| 1) Kelleher, Caroline SO | 2) Kusch, Charlotte SO  | 3) Marx, Kayla SO         | 4) Tittel, Lauren FR       |
| 4 Viterbo                | A                       | 4:22.88                   |                            |
| 1) Marks, Loganne SO     | 2) Sanders, Sadie FR    | 3) Reis, Lydia FR         | 4) Weber, Olivia FR        |
| 5 Carleton               | B                       | 4:31.21                   |                            |
| 1) Islam, Alice SO       | 2) Peterson, Nina FR    | 3) Lewis-Mussa, Shemsy SO | 4) Cherniavsky, Sierra FR  |
| 6 Carleton               | C                       | 4:40.42                   |                            |
| 1) Bishop, Willa SO      | 2) Stumbo, Ellen SO     | 3) Syverson, Sophie FR    | 4) Reckmeyer, Madeleine SO |

**Women High Jump**Facility Rec: **1.72m F 2006**

Jennifer Harlow, Wheaton Col. of MA

| Name                 | Yr | School                | Finals | Points  |
|----------------------|----|-----------------------|--------|---------|
| <b>Finals</b>        |    |                       |        |         |
| 1 Kajer, Kayla       | SO | Gustavus Adolphus     | 1.62m  | 5-03.75 |
| 2 Walsh, Annika      | FR | St. Olaf              | J1.62m | 5-03.75 |
| 3 Kelleher, Caroline | SO | Carleton              | 1.51m  | 4-11.50 |
| 4 Smith, Sarah       | FR | Bethany Lutheran      | 1.46m  | 4-09.50 |
| 4 Hawks, Kaylee      | FR | Gustavus Adolphus     | 1.46m  | 4-09.50 |
| 6 Schlei, Ella       | SR | Martin Luther         | J1.46m | 4-09.50 |
| 6 Hause, Lindsey     | SO | Minnesota-Morris      | J1.46m | 4-09.50 |
| 8 Sanders, Sadie     | FR | Viterbo               | 1.41m  | 4-07.50 |
| 9 Mulhall, Madison   | FR | Waldorf               | J1.41m | 4-07.50 |
| 10 Lee, Maddox       | SR | Gustavus Adolphus     | J1.41m | 4-07.50 |
| 11 Brooks, Reese     | SO | Viterbo               | 1.31m  | 4-03.50 |
| 12 Klein, Aubree     | JR | St. Olaf              | 1.26m  | 4-01.50 |
| --- Ciske, Lily      | SO | North Central (Minn.) | NH     |         |

**Women Pole Vault**Facility Rec: **4.30m F 2016**

Leslie Boost, Unattached

| Name                 | Yr | School            | Finals | Points   |
|----------------------|----|-------------------|--------|----------|
| <b>Finals</b>        |    |                   |        |          |
| 1 Frei, Abigail      | FR | St. Olaf          | 3.35m  | 10-11.75 |
| 2 Finney, Camille    | JR | Gustavus Adolphus | 3.25m  | 10-08.00 |
| 3 Brosam, Ava        | FR | Carleton          | 3.00m  | 9-10.00  |
| 4 Mikla, Reina       | SO | Viterbo           | 2.85m  | 9-04.25  |
| 4 Lee, Maddox        | SR | Gustavus Adolphus | 2.85m  | 9-04.25  |
| 6 Syverson, Sophie   | FR | Carleton          | J2.85m | 9-04.25  |
| 7 Austin, Kaia       | FR | Gustavus Adolphus | 2.70m  | 8-10.25  |
| 8 Boe, Alayna        | FR | Gustavus Adolphus | 2.55m  | 8-04.25  |
| 9 Tschida, Elizabeth | JR | Gustavus Adolphus | J2.55m | 8-04.25  |
| 10 Hanson, Addison   | FR | Viterbo           | J2.55m | 8-04.25  |
| 11 Foley, Naomi      | SR | Martin Luther     | 2.40m  | 7-10.50  |
| 12 Kemnitz, Adelyn   | SO | Martin Luther     | 2.25m  | 7-04.50  |

**St. Olaf Ole Opener - 1/17/2026****Tostrud Center, St. Olaf College****Results****Finals ... (Women Pole Vault)**

| Name              | Yr | School           | Finals | Points  |
|-------------------|----|------------------|--------|---------|
| 13 Watry, Mary    | FR | Minnesota-Morris | J2.25m | 7-04.50 |
| --- Ludwig, Emily | JR | Viterbo          | NH     |         |

**Women Long Jump**

Facility Rec: 5.74m F 2005 Kristal Grigsby, St. Thomas

| Name                    | Yr | School            | Finals | H#       | Points |
|-------------------------|----|-------------------|--------|----------|--------|
| <b>Finals</b>           |    |                   |        |          |        |
| 1 Jore, Ashlyn          | SR | St. Olaf          | 5.63m  | 18-05.75 | 2      |
| 2 Frantzich, Svea       | FR | St. Olaf          | 5.57m  | 18-03.25 | 2      |
| 3 Poppe, Avery          | SO | Viterbo           | 5.35m  | 17-06.75 | 2      |
| 4 Stein, Claire         | FR | St. Olaf          | 5.16m  | 16-11.25 | 2      |
| 5 Mensah, Terri         | FR | Carleton          | 4.97m  | 16-03.75 | 2      |
| 6 Chvatal, Lillia       | JR | Viterbo           | 4.95m  | 16-03.00 | 2      |
| 7 Muglia, Jillian       | FR | Carleton          | 4.83m  | 15-10.25 | 1      |
| 8 Vogel, Sophia         | FR | Gustavus Adolphus | 4.82m  | 15-09.75 | 1      |
| 9 Hawks, Kaylee         | FR | Gustavus Adolphus | 4.75m  | 15-07.00 | 1      |
| 10 McLeod, Kaylee       | JR | Viterbo           | 4.67m  | 15-04.00 | 2      |
| 11 Bye, Adi             | FR | Gustavus Adolphus | 4.65m  | 15-03.25 | 1      |
| 12 Miyoshi, Claire      | SO | Carleton          | 4.64m  | 15-02.75 | 2      |
| 12 Reis, Lydia          | FR | Viterbo           | 4.64m  | 15-02.75 | 2      |
| 12 Hopp, Avery          | FR | Bethany Lutheran  | 4.64m  | 15-02.75 | 1      |
| 15 Lubinsky, Emma       | FR | Viterbo           | 4.59m  | 15-00.75 | 1      |
| 16 Keech, Claire        | SR | St. Olaf          | 4.50m  | 14-09.25 | 1      |
| 17 Podulke, Emily       | SO | Gustavus Adolphus | 4.33m  | 14-02.50 | 1      |
| 18 Hankins, Olivia      | FR | St. Olaf          | 4.26m  | 13-11.75 | 1      |
| 19 Bishop, Willa        | SO | Carleton          | 4.13m  | 13-06.75 | 1      |
| 20 Banse, Grace         | SR | Gustavus Adolphus | 3.84m  | 12-07.25 | 1      |
| 21 Gorden Mercer, Julia | JR | Minnesota-Morris  | 3.55m  | 11-07.75 | 1      |

**Women Triple Jump**

| Name                | Yr | School                | Finals | H#       | Points |
|---------------------|----|-----------------------|--------|----------|--------|
| <b>Finals</b>       |    |                       |        |          |        |
| 1 Loftness, Ava     | FR | Gustavus Adolphus     | 10.83m | 35-06.50 |        |
| 2 Robinson, Rhianna | SO | Viterbo               | 10.77m | 35-04.00 |        |
| 3 Kajer, Kayla      | SO | Gustavus Adolphus     | 10.59m | 34-09.00 |        |
| 4 Rodmyre, Hannah   | SO | Martin Luther         | 10.31m | 33-10.00 |        |
| 5 Kedsch, Samantha  | SO | Bethany Lutheran      | 10.29m | 33-09.25 |        |
| 6 Horton, Joyce     | SO | North Central (Minn.) | 9.88m  | 32-05.00 |        |
| 7 Bye, Adi          | FR | Gustavus Adolphus     | 9.84m  | 32-03.50 |        |
| 8 Mensah, Terri     | FR | Carleton              | 9.76m  | 32-00.25 |        |
| 9 Miyoshi, Claire   | SO | Carleton              | 9.52m  | 31-03.00 |        |
| 10 Ciske, Lily      | SO | North Central (Minn.) | 9.49m  | 31-01.75 |        |
| 11 Hankins, Olivia  | FR | St. Olaf              | 9.25m  | 30-04.25 |        |
| 12 Groen, Abby      | FR | Gustavus Adolphus     | 9.04m  | 29-08.00 |        |

**Women Shot Put**

Facility Rec: 17.05m F 2006 Robyn Jarocki, Wisconsin Oshkosh

| Name             | Yr | School   | Finals | H#       | Points |
|------------------|----|----------|--------|----------|--------|
| <b>Finals</b>    |    |          |        |          |        |
| 1 Paulsen, Logan | SO | St. Olaf | 12.68m | 41-07.25 | 3      |

**St. Olaf Ole Opener - 1/17/2026****Tostrud Center, St. Olaf College****Results****Finals ... (Women Shot Put)**

|    | Name                 | Yr | School                | Finals |          | H# | Points |
|----|----------------------|----|-----------------------|--------|----------|----|--------|
| 2  | McCord, Keira        | SO | Gustavus Adolphus     | 12.55m | 41-02.25 | 3  |        |
| 3  | Wiedmeyer, Kaylie    | JR | Viterbo               | 11.82m | 38-09.50 | 3  |        |
| 4  | Rubenzer, Isabel     | SO | Viterbo               | 11.33m | 37-02.25 | 3  |        |
| 5  | Banse, Grace         | SR | Gustavus Adolphus     | 10.74m | 35-03.00 | 2  |        |
| 5  | Nolte, Elise         | SR | Martin Luther         | 10.74m | 35-03.00 | 3  |        |
| 7  | Akason, Morgan       | FR | Gustavus Adolphus     | 10.72m | 35-02.00 | 1  |        |
| 8  | Romsdahl, Madelinn   | SR | Martin Luther         | 10.64m | 34-11.00 | 3  |        |
| 8  | Sedbrook, Rebecca    | JR | Viterbo               | 10.64m | 34-11.00 | 3  |        |
| 10 | Thomas, Kiara        | FR | Waldorf               | 10.37m | 34-00.25 | 1  |        |
| 11 | Lighthill, Otelia    | JR | St. Olaf              | 10.35m | 33-11.50 | 3  |        |
| 12 | Harris, Yonna        | FR | Gustavus Adolphus     | 10.21m | 33-06.00 | 1  |        |
| 13 | Poppe, Avery         | SO | Viterbo               | 10.07m | 33-00.50 | 2  |        |
| 14 | Elmes, Kylie         | JR | Minnesota-Morris      | 9.88m  | 32-05.00 | 3  |        |
| 15 | Smtih, MaKayla       | FR | Waldorf               | 9.87m  | 32-04.75 | 1  |        |
| 16 | Dotzenrod, Samantha  | FR | Minnesota-Morris      | 9.80m  | 32-02.00 | 2  |        |
| 17 | Saxton, Sophia       | SO | St. Olaf              | 9.66m  | 31-08.50 | 2  |        |
| 18 | Tortorella, Katelynn | JR | Bethany Lutheran      | 9.59m  | 31-05.75 | 2  |        |
| 19 | Schlei, Ella         | SR | Martin Luther         | 9.53m  | 31-03.25 | 2  |        |
| 20 | Lundvall, Julianne   | JR | Luther                | 9.48m  | 31-01.25 | 3  |        |
| 21 | Enright, Natalie     | JR | Minnesota-Morris      | 9.45m  | 31-00.00 | 3  |        |
| 22 | Lewandowski, Maggie  | JR | St. Catherine (Minn.) | 9.35m  | 30-08.25 | 2  |        |
| 23 | Lara, Jai            | FR | St. Olaf              | 9.07m  | 29-09.25 | 2  |        |
| 24 | Domke, Leah          | SR | Martin Luther         | 8.96m  | 29-04.75 | 2  |        |
| 25 | Stangl, Payton       | FR | Minnesota-Morris      | 8.94m  | 29-04.00 | 1  |        |
| 26 | Willis, Amaya        | SO | Minnesota-Morris      | 8.79m  | 28-10.25 | 2  |        |
| 27 | Richardson, Deasiha  | FR | Luther                | 8.26m  | 27-01.25 | 2  |        |
| 28 | Pettinger, Nika      | FR | Bethany Lutheran      | 8.17m  | 26-09.75 | 1  |        |
| 29 | Bishop, Willa        | SO | Carleton              | 7.85m  | 25-09.25 | 1  |        |
| 30 | Garcia, Olivia       | FR | Luther                | 7.77m  | 25-06.00 | 1  |        |
| 31 | Mulhall, Madison     | FR | Waldorf               | 7.64m  | 25-00.75 | 1  |        |
| 32 | Kindervater, Eryka   | SO | Crown                 | 7.39m  | 24-03.00 | 2  |        |
| 33 | Landmesser, Grace    | SO | Luther                | 7.09m  | 23-03.25 | 1  |        |
| 34 | Johston, Aida        | FR | Martin Luther         | 6.99m  | 22-11.25 | 1  |        |
| 35 | Badger, Maya         | FR | Luther                | 6.45m  | 21-02.00 | 1  |        |
| 36 | Lubinsky, Emma       | FR | Viterbo               | 5.52m  | 18-01.50 | 1  |        |

**Women Weight Throw**

Facility Rec: 20.98m F 2006 Robyn Jarocki, Wisconsin Oshkosh

|               | Name                | Yr | School                | Finals |          | H# | Points |
|---------------|---------------------|----|-----------------------|--------|----------|----|--------|
| <b>Finals</b> |                     |    |                       |        |          |    |        |
| 1             | Willis, Amaya       | SO | Minnesota-Morris      | 14.47m | 47-05.75 | 2  |        |
| 2             | Paulsen, Logan      | SO | St. Olaf              | 14.11m | 46-03.50 | 1  |        |
| 3             | Wiedmeyer, Kaylie   | JR | Viterbo               | 13.38m | 43-10.75 | 2  |        |
| 4             | Nolte, Elise        | SR | Martin Luther         | 13.37m | 43-10.50 | 2  |        |
| 5             | Hoffman, Rebecca    | JR | Gustavus Adolphus     | 13.20m | 43-03.75 | 2  |        |
| 6             | Overturf, Siri      | SR | Minnesota-Morris      | 13.03m | 42-09.00 | 2  |        |
| 7             | Lewandowski, Maggie | JR | St. Catherine (Minn.) | 12.97m | 42-06.75 | 2  |        |
| 8             | Duncan, Olivia      | JR | Gustavus Adolphus     | 12.83m | 42-01.25 | 2  |        |
| 9             | McCord, Keira       | SO | Gustavus Adolphus     | 12.74m | 41-09.75 | 1  |        |
| 10            | Lighthill, Otelia   | JR | St. Olaf              | 12.19m | 40-00.00 | 2  |        |

**St. Olaf Ole Opener - 1/17/2026****Tostrud Center, St. Olaf College****Results****Finals ... (Women Weight Throw)**

|    | <b>Name</b>          | <b>Yr</b> | <b>School</b>     | <b>Finals</b> |          | <b>H#</b> | <b>Points</b> |
|----|----------------------|-----------|-------------------|---------------|----------|-----------|---------------|
| 11 | Romsdahl, Madelinn   | SR        | Martin Luther     | 12.09m        | 39-08.00 | 2         |               |
| 12 | Seedorff, Eve        | SO        | Waldorf           | 11.66m        | 38-03.25 | 2         |               |
| 13 | Harris, Yonna        | FR        | Gustavus Adolphus | 11.65m        | 38-02.75 | 1         |               |
| 14 | Schlei, Ella         | SR        | Martin Luther     | 11.41m        | 37-05.25 | 2         |               |
| 15 | Lara, Jai            | FR        | St. Olaf          | 11.40m        | 37-05.00 | 1         |               |
| 16 | Domke, Leah          | SR        | Martin Luther     | 11.38m        | 37-04.00 | 2         |               |
| 17 | Saxton, Sophia       | SO        | St. Olaf          | 11.37m        | 37-03.75 | 1         |               |
| 18 | Elmes, Kylie         | JR        | Minnesota-Morris  | 11.20m        | 36-09.00 | 2         |               |
| 19 | Logeman, Emma        | SR        | Waldorf           | 11.18m        | 36-08.25 | 1         |               |
| 20 | Thomas, Kiara        | FR        | Waldorf           | 10.89m        | 35-08.75 | 1         |               |
| 21 | Tortorella, Katelynn | JR        | Bethany Lutheran  | 10.77m        | 35-04.00 | 1         |               |
| 22 | Maeder, Cora         | FR        | Waldorf           | 9.99m         | 32-09.50 | 1         |               |
| 23 | Hoffart, Aaliyah     | SO        | Minnesota-Morris  | 9.96m         | 32-08.25 | 1         |               |
| 24 | Enright, Natalie     | JR        | Minnesota-Morris  | 9.92m         | 32-06.50 | 1         |               |
| 25 | Andresen, Gretchen   | SO        | Minnesota-Morris  | 9.33m         | 30-07.50 | 1         |               |
| 26 | Placido, Kat         | JR        | Minnesota-Morris  | 9.13m         | 29-11.50 | 2         |               |
| 27 | Dotzenrod, Samantha  | FR        | Minnesota-Morris  | 8.40m         | 27-06.75 | 1         |               |
| 28 | Garcia, Olivia       | FR        | Luther            | 8.21m         | 26-11.25 | 1         |               |
| 29 | Johston, Aida        | FR        | Martin Luther     | 6.72m         | 22-00.75 | 1         |               |