



# TENTATIVE Competition Schedule

For live results and splits visit: <https://bit.ly/2025-indoor-ce>

| Ontario U16, U18, U20, Senior Indoor Combined Events Championships<br>& Winter Mini Meet 3<br>Saturday, March 28, 2026<br>Sections will run <b>Fast to Slow</b><br>Track events may run up to 30min ahead of schedule |                                   |            |        |                           |
|---|-----------------------------------|------------|--------|---------------------------|
| Time  | Event                             | Round      | Gender | Age Group (# of athletes) |
| 10:00   | 60m Hurdles 0.914m – 13.72 – 9.14 | Pentathlon | Boys   | U18                       |
| 10:10   | 60m Hurdles 0.840m – 13.00 – 8.50 | Tetrathlon | Boys   | U16                       |
| 10:20   | 60m                               | Heptathlon | Men    | U20 & Open                |
| TBD   | 200m                              | Pentathlon | Boys   | U16                       |
| TBD   | 1000m                             | Pentathlon | Men    | U18                       |

| Field | Vertical Jumps              | Horizontal Jumps            | Throws                     |
|-------|-----------------------------|-----------------------------|----------------------------|
| 10:00 |                             |                             |                            |
| 10:15 |                             | Warmup                      |                            |
| 10:30 |                             |                             |                            |
| 10:45 |                             | U16, U18, U20, Open Men     |                            |
| 11:00 |                             | Combined Events - Long Jump |                            |
| 11:15 |                             | Est. 10:45                  |                            |
| 11:30 |                             |                             | Warmup                     |
| 11:45 |                             |                             |                            |
| 12:00 |                             |                             | U16, U18, U20, Open Men    |
| 12:15 |                             |                             | Combined Events - Shot Put |
| 12:30 |                             |                             | Est. 12:00                 |
| 12:45 |                             |                             |                            |
| 1:00  | Warmup                      |                             |                            |
| 1:15  |                             |                             |                            |
| 1:30  | U16, U18, U20, Open Men     |                             |                            |
| 1:45  | Combined Events - High Jump |                             |                            |
| 2:00  | Est. 1:30                   |                             |                            |
| 2:15  |                             |                             |                            |
| 2:30  |                             |                             |                            |
| 2:45  |                             |                             |                            |
| 3:00  |                             |                             |                            |
| 3:15  |                             |                             |                            |
| 3:30  |                             |                             |                            |

\*All Combined Events start times are estimates. Actual start times will be determined by the Combined Events Referee after the completion of each event\*

Premier Partner



Partners & Suppliers





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| Ontario U16, U18, U20, Senior Indoor Combined Events Championships<br>& Winter Mini Meet 3<br>Sunday, March 29, 2026<br>Sections will run <b>Fast to Slow</b><br>Track events may run up to 30min ahead of schedule |                                   |             |             |                           |
|---|-----------------------------------|-------------|-------------|---------------------------|
| Time  | Event                             | Round       | Gender      | Age Group (# of athletes) |
| 8:00  | Facility Opens                    |             |             |                           |
| 9:00  | 100m Hurdles                      | Prelims     | Women & Men | Masters, All Comers       |
|   | 80mH                              | Prelims     | Women & Men | Masters, All Comers       |
| 9:15  | 60m Hurdles                       | Prelims     | Women & Men | Masters, All Comers       |
| 9:20  | 60m                               | Prelims     | Women & Men | Masters, All Comers       |
|   | 100m                              | Prelims     | Women & Men | Masters, All Comers       |
| 9:45  | 60m Hurdles 0.840m – 13.00 – 8.50 | Pentathlon  | Women       | Open                      |
| 9:45  | 60m Hurdles 0.840m – 13.00 – 8.50 | Pentathlon  | Women       | U20                       |
| 9:45  | 60m Hurdles 0.762m – 13.00 – 8.50 | Pentathlon  | Girls       | U18                       |
| 9:55  | 60m Hurdles 0.762m – 12.00 – 8.00 | Tetrathlon  | Girls       | U16                       |
| 10:10   | 100m Hurdles                      | Final       | Women & Men | Masters, All Comers       |
|   | 80mH                              | Final       | Women & Men | Masters, All Comers       |
| 10:15   | 60m Hurdles                       | Final       | Women & Men | Masters, All Comers       |
| 10:40   | 60m                               | Final       | Women & Men | Masters, All Comers       |
|   | 100m                              | Final       | Women & Men | Masters, All Comers       |
| 11:00   | 800m                              | Timed Final | Women & Men | Masters, All Comers       |
| 11:25   | 200m                              | Timed Final | Women & Men | Masters, All Comers       |
| 11:45   | 60m Hurdles 0.990m – 13.72 – 9.14 | Heptathlon  | Men         | U20                       |
| 11:50   | 60m Hurdles 1.067m – 13.72 – 9.14 | Heptathlon  | Men         | Open                      |
| 12:00   | 400m                              | Timed Final | Women & Men | Masters, All Comers       |
| 1:15  | Mile                              | Timed Final | Women & Men | Masters, All Comers       |
| 2:05  | 3000m Race Walk                   | Timed Final | Women & Men | Masters, All Comers       |
| TBD   | 4x800m                            | Timed Final | Women & Men | Masters, All Comers       |
| Est. 3:00   | 1000m                             | Heptathlon  | Men         | U20 – Open                |
| Est. 3:20   | 200m                              | Tetrathlon  | Girls       | U16                       |
| Est. 3:25   | 800m                              | Pentathlon  | Women       | U18 – U20                 |

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Premier Partner



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| Ontario U16, U18, U20, Senior Indoor Combined Events Championships<br>& Winter Mini Meet 3<br>Sunday, March 29, 2026 |                 |                |                  |                             |
|--|-----------------|----------------|------------------|-----------------------------|
| Field  | Vertical Jumps  | Vertical Jumps | Horizontal Jumps | Throws                      |
|  | Facility Opens  |                |                  |                             |
| 8:00   |                 |                |                  | Warmup                      |
| 8:15   |                 |                |                  |                             |
| 8:30   |                 | Warmup         |                  | Weight Throw<br>Women & Men |
| 8:45   |                 |                |                  | Masters                     |
| 9:00   |                 | High Jump      |                  | 8:30am                      |
| 9:15   |                 | Masters        |                  |                             |
| 9:30   |                 | 9:00am         |                  |                             |
| 9:45   | Warmup          |                |                  |                             |
| 10:00  |                 | Warmup         | Warmup           | Warmup                      |
| 10:15  |                 |                |                  |                             |
| 10:30  | Pole Vault      | All Women      | Triple Jump      | Shot Put                    |
| 10:45  | Masters         | CE - High Jump | Women & Men      | Women & Men                 |
| 11:00  | 3:15pm          | Est. 10:45     | Masters          | Masters                     |
| 11:15  |                 |                | 10:30pm          | 10:30am                     |
| 11:30  |                 |                |                  |                             |
| 11:45  |                 |                |                  |                             |
| 12:00  |                 |                | Warmup           |                             |
| 12:15  | Warmup          |                |                  | Warmup                      |
| 12:30  |                 |                | Long Jump        |                             |
| 12:45  |                 |                | Women & Men      | All Women                   |
| 1:00   | U20 & Open Men  |                | Masters          | CE - Shot Put               |
| 1:15   | CE - Pole Vault |                | 12:30pm          | Est. 12:45                  |
| 1:30   | Est. 1:00       |                |                  |                             |
| 1:45   |                 |                | Warmup           |                             |
| 2:00   |                 |                |                  |                             |
| 2:15   |                 |                | All Women        |                             |
| 2:30   |                 |                | CE - Long Jump   |                             |
| 2:45   |                 |                | Est. 2:15        |                             |
| 3:00   |                 |                |                  |                             |
| 3:15   |                 |                |                  |                             |
| 3:30   |                 |                |                  |                             |

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Revised: 16 March 2026