

SHENANDOAH CSD

ACTIVITIES DEPARTMENT



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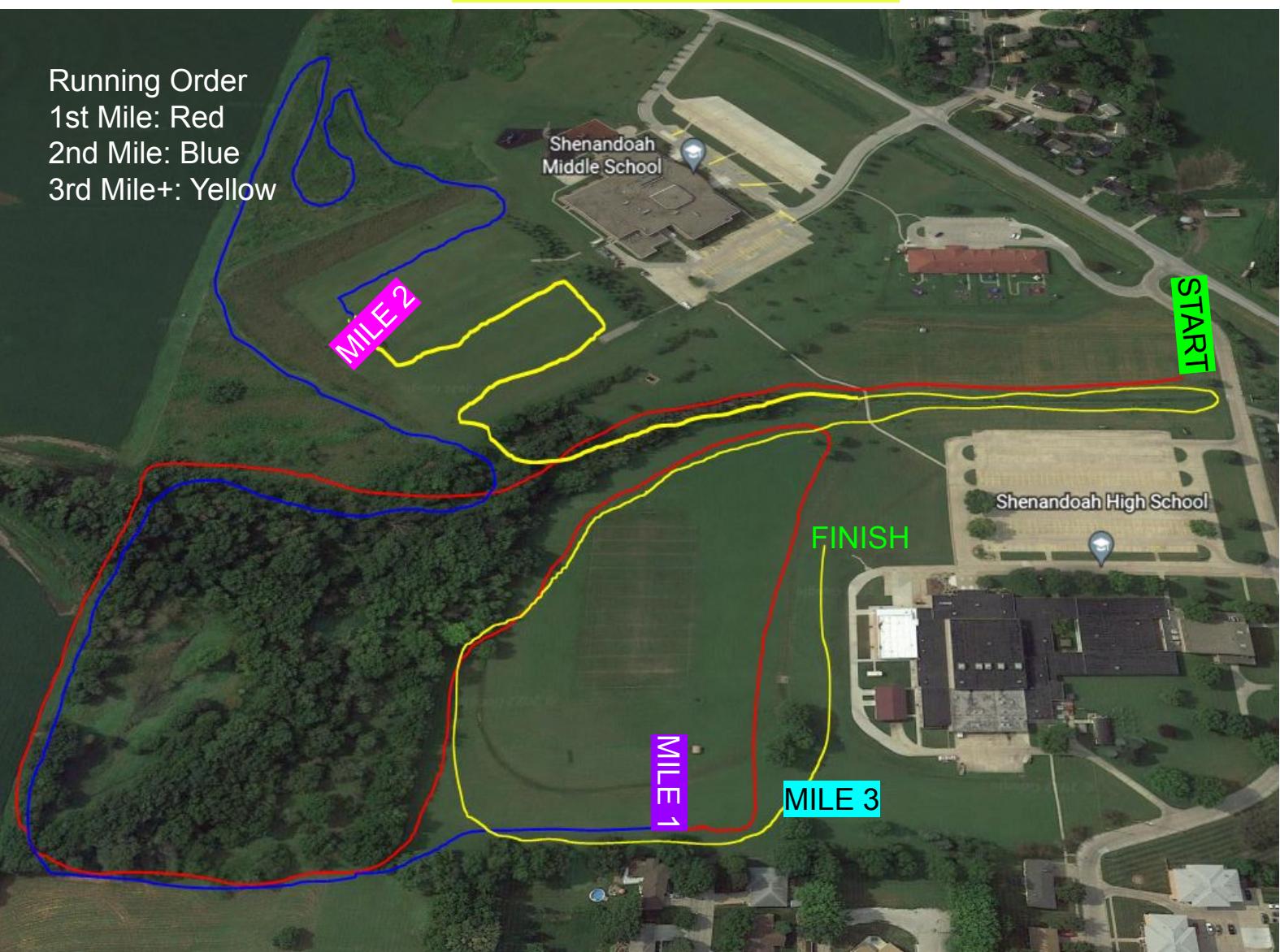
HS Course

[Video Link of Shenandoah XC Course](#) - ground level

[2nd Link of Shenandoah XC Course](#) - Flyover

**Videos made for 2022 XC SQM

Running Order
1st Mile: Red
2nd Mile: Blue
3rd Mile+: Yellow



GO MUSTANGS/FILLIES

EXCELLENCE IN EVERY ENDEAVOR