

Southeast Polk Boys Ram Relays - Apr 3, 2025

📍 Southeast Polk HS

Results

Boys' SMR 800m Varsity Finals

	Team	Relay	Finals	Pts
1	PELLA	'A'	1:33.84	10
2	ANKENY CENTENNIAL	'A'	1:34.59	8
3	DES MOINES EAST	'A'	1:38.90	6
4	WAUKEE	'A'	1:40.55	5
5	SOUTHEAST POLK	'A'	1:41.34	4
6	ANKENY	'A'	1:43.91	3
--	DES MOINES HOOVER	'A'	DNS	

Boys' SMR 800m Junior Varsity Finals

	Team	Relay	Finals	Pts
1	ANKENY	'A'	1:38.97	10
2	VALLEY WEST DES MOINES	'A'	1:41.47	8
3	SOUTHEAST POLK	'A'	1:41.67	6
4	WAUKEE	'A'	1:42.99	5
5	ANKENY CENTENNIAL	'A'	1:44.35	4
6	DES MOINES EAST	'A'	1:44.42	3
7	SOUTHEAST POLK	'B'	1:47.03	
8	PELLA	'A'	1:48.38	2
9	VALLEY WEST DES MOINES	'B'	1:52.35	

Boys' 3200 Meters Varsity Finals

	Athlete	Yr	Team	Finals	Pts
1	Canaan Dunham	11	PELLA	9:28.83	10
2	Ike Smith	11	ANKENY	9:32.46	8
3	Ben Peterson	10	WAUKEE	10:08.33	6
4	Jonah Ebersole	10	PELLA	10:15.44	5
5	Nelsen Perrigo	9	VALLEY WEST DES M...	10:33.33	4
6	Mason Friedel	9	WAUKEE	10:40.45	3
7	Henry Laird	9	SOUTHEAST POLK	10:50.65	2
8	Carson Whiting	10	VALLEY WEST DES M...	10:51.97	1
9	Buck McClafflin	12	SOUTHEAST POLK	11:17.80	
10	Sean Thomas	12	ANKENY CENTENNIAL	11:44.36	
--	Jonas Robinson	11	ANKENY CENTENNIAL	DNS	

Boys' 3200 Meters Junior Varsity Finals

	Athlete	Yr	Team	Finals	Pts
1	Samuel Keller	9	PELLA	10:15.44	10
2	Sawyer Miller	9	ANKENY	10:20.39	8
3	Ian Smith	11	ANKENY CENTENNIAL	10:42.41	6
4	Maxwell Curnyn	10	ANKENY CENTENNIAL	10:44.17	5
5	Tarunesh Gopinath	10	VALLEY WEST DES M...	10:52.82	4
6	Benton Schuchart	9	ANKENY	11:09.30	3
7	Alton Ladd	12	VALLEY WEST DES M...	11:21.53	2
8	Jason Rivas	12	DES MOINES EAST	11:25.90	1
9	Brandon McLaughlin	11	VALLEY WEST DES M...	11:26.35	
10	Caleb Punt	10	PELLA	11:39.88	
11	Cody Banks	9	ANKENY	11:48.77	
12	Adam Hartwigsen	12	ANKENY CENTENNIAL	11:49.14	

Boys' 4x800 Relay Varsity Finals

	Team	Relay	Finals	Pts
1	WAUKEE	'A'	8:13.16	10
2	SOUTHEAST POLK	'A'	8:13.54	8
3	HUMBOLDT	'A'	8:14.18	6
4	VALLEY WEST DES MOINES	'A'	8:16.31	5
5	PELLA	'A'	8:19.44	4
6	ANKENY CENTENNIAL	'A'	8:30.72	3
7	ANKENY	'A'	8:42.10	2
8	DES MOINES HOOVER	'A'	10:47.54	1

Boys' 4x800 Relay Junior Varsity Finals

	Team	Relay	Finals	Pts
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1	WAUKEE	'A'	8:54.30	10
2	SOUTHEAST POLK	'A'	9:00.52	8
3	ANKENY CENTENNIAL	'A'	9:06.06	6
4	PELLA	'A'	9:12.90	5
5	ANKENY	'A'	9:13.56	4
6	ANKENY CENTENNIAL	'B'	9:42.44	
--	DES MOINES EAST	'A'	DNS	

Boys' 4x110 Shuttle Hurdles Varsity Finals

	Team	Relay	Finals	Pts
1	ANKENY	'A'	57.99	10
2	VALLEY WEST DES MOINES	'A'	59.98	8
3	PELLA	'A'	1:01.00	6
4	WAUKEE	'A'	1:03.96	5
5	SOUTHEAST POLK	'A'	1:04.21	4
6	ANKENY CENTENNIAL	'A'	1:06.30	3
7	HUMBOLDT	'A'	1:07.17	2

Boys' 4x110 Shuttle Hurdles Junior Varsity Finals

	Team	Relay	Finals	Pts
1	ANKENY	'A'	1:08.97	10
2	VALLEY WEST DES MOINES	'A'	1:09.13	8
3	PELLA	'A'	1:13.01	6
4	SOUTHEAST POLK	'A'	1:18.40	5
5	DES MOINES EAST	'A'	1:28.99	4

Boys' 100 Meters Varsity Finals

	Athlete	Yr	Team	Finals	Pts
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1	Noah Ross	11	ANKENY CENTENNIAL	11.01	10
2	Fredrick Tarasid-Tarawally	10	SOUTHEAST POLK	11.07	8
3	Lucas Chambers	12	SOUTHEAST POLK	11.12	6
4	Joel Neith	12	ANKENY CENTENNIAL	11.25	5
5	Finn McClure	11	ANKENY	11.27	4
6	Jamual Richardson Williams	11	WAUKEE	11.43	3
7	Diyon Berry	11	DES MOINES HOOVER	11.44	2
8	Owen Kettler	10	PELLA	11.46	1
9	Roman Levine	12	VALLEY WEST DES M...	11.51	
10	Jarvis Hughes	12	DES MOINES EAST	11.52	
11	Drake DeGroot	11	VALLEY WEST DES M...	11.54	
12	Ben Case Haub	11	WAUKEE	11.60	
13	Samuel Sandvig	12	ANKENY	11.62	
14	Qwaden Clearwater	12	DES MOINES EAST	11.63	
15	Emmanuel Diers	11	PELLA	12.03	

Boys' 100 Meters Junior Varsity Finals

	Athlete	Yr	Team	Finals	Pts
1	Sam Heither	12	ANKENY CENTENNIAL	11.45	10
2	Brodey Brandt	12	SOUTHEAST POLK	11.47	8
3	Jayden Adaway	10	VALLEY WEST DES M...	11.52	6
4	Treyce Young	11	ANKENY CENTENNIAL	11.65	5
5	Emanuwel Davis	11	ANKENY	11.69	4
6	Josh Hollins	10	DES MOINES HOOVER	11.74	3 (11.735)
7	Solomon Swanson	10	ANKENY	11.74	2 (11.738)
8	Nathiyus Akuar	9	VALLEY WEST DES M...	11.84	1
9	Tom Miller	9	ANKENY CENTENNIAL	11.86	
10	Blake Dorenkamp	10	VALLEY WEST DES M...	12.02	
11	Jack Winchester	11	SOUTHEAST POLK	12.03	
12	Jayden Johnson	12	SOUTHEAST POLK	12.15	
13	Miles Bircher	9	DES MOINES HOOVER	12.22	
14	Adam Peterson	12	SOUTHEAST POLK	12.32	
15	Javahcy Brooks	10	DES MOINES HOOVER	12.36	
16	Bryan Butler	12	SOUTHEAST POLK	12.38	
17	Da'vionte Deener	9	DES MOINES EAST	12.40	
18	Isaiah Loftis	12	PELLA	12.65	
19	Arop Arop	10	DES MOINES EAST	14.62	
20	Thomas Dixon	11	SOUTHEAST POLK	14.65	
21	Nate Watson	9	DES MOINES EAST	17.45	

Boys' SMR 1600m Varsity Finals

	Team	Relay	Finals	Pts
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1	ANKENY CENTENNIAL	'A'	3:32.05	10
2	ANKENY	'A'	3:32.21	8
3	PELLA	'A'	3:50.55	6
4	SOUTHEAST POLK	'A'	3:52.91	5
5	WAUKEE	'A'	3:57.84	4

Boys' SMR 1600m Junior Varsity Finals

	Team	Relay	Finals	Pts
1	ANKENY	'A'	3:57.97	10
2	VALLEY WEST DES MOINES	'A'	4:04.81	8
3	ANKENY CENTENNIAL	'B'	4:08.55	6
4	SOUTHEAST POLK	'A'	4:12.96	5
5	ANKENY CENTENNIAL	'A'	4:17.67	
6	PELLA	'A'	4:25.58	4
7	SOUTHEAST POLK	'B'	4:27.55	
8	DES MOINES EAST	'A'	4:32.11	3

Boys' 400 Meters Varsity Finals

	Athlete	Yr	Team	Finals	Pts
1	Nathaniel Ligman	11	PELLA	50.90	10
2	Emmanuel Gaye	12	SOUTHEAST POLK	52.09	8
3	Colin Kerndt	12	PELLA	52.15	6
4	Corbin Vander Weerd	12	ANKENY CENTENNIAL	52.67	5
5	Logan Peterson	10	ANKENY	52.80	4
6	Jonathan Owen	12	VALLEY WEST DES M...	53.13	3
7	Jackson Deutsch	9	SOUTHEAST POLK	53.20	2
8	Reed Anderson	12	ANKENY CENTENNIAL	53.49	1
9	Gabriel Zingler	10	VALLEY WEST DES M...	54.07	
10	Kaiden Chavez	10	ANKENY	54.50	
11	Tavian Boess	12	WAUKEE	55.46	
--	Nick Wellet	12	WAUKEE	DNS	

Boys' 400 Meters Junior Varsity Finals

	Athlete	Yr	Team	Finals	Pts
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1	Thomas Limback	10	VALLEY WEST DES M...	55.71	10
2	Luke Mitchell	10	ANKENY CENTENNIAL	55.99	8
3	Carter Follmuth	9	ANKENY	56.58	6
4	Jett Molstre	9	SOUTHEAST POLK	56.97	5
5	Greyson Lewis	9	SOUTHEAST POLK	57.23	4
6	Hunter Runchey	10	ANKENY CENTENNIAL	57.29	3
7	Levi Yeager	9	ANKENY	59.79	2
8	Caleb Punt	10	PELLA	1:00.38	1
9	Cash Roberts	11	DES MOINES EAST	1:01.14	
10	David Davis	10	DES MOINES HOOVER	1:04.37	
11	Dorian Hilson	12	DES MOINES EAST	1:06.42	
12	Vince Nuckolls	10	SOUTHEAST POLK	1:07.15	
13	Jaxson Pace	9	PELLA	1:08.11	
--	Mustafa Farah	10	VALLEY WEST DES M...	DNS	
--	Noah Huffaker	12	PELLA	DNS	
--	Ben Fleming	10	VALLEY WEST DES M...	DNS	

Boys' 4x200 Relay Varsity Finals

	Team	Relay	Finals	Pts
1	ANKENY CENTENNIAL	'A'	1:30.29	10
2	SOUTHEAST POLK	'A'	1:30.92	8
3	VALLEY WEST DES MOINES	'A'	1:31.87	6
4	DES MOINES HOOVER	'A'	1:32.61	5
5	ANKENY	'A'	1:33.44	4
6	DES MOINES EAST	'A'	1:34.07	3
7	WAUKEE	'A'	1:39.00	2
--	PELLA	'A'	DNF	

Boys' 4x200 Relay Junior Varsity Finals

	Team	Relay	Finals	Pts
1	ANKENY CENTENNIAL	'A'	1:35.00	10
2	ANKENY	'A'	1:35.40	8
3	VALLEY WEST DES MOINES	'A'	1:35.50	6
4	SOUTHEAST POLK	'B'	1:36.40	5
5	ANKENY CENTENNIAL	'B'	1:38.10	
6	DES MOINES EAST	'B'	1:38.38	4
7	SOUTHEAST POLK	'A'	1:38.70	
8	SOUTHEAST POLK	'C'	1:39.48	
9	PELLA	'A'	1:40.11	3
10	DES MOINES HOOVER	'A'	1:41.80	2
11	DES MOINES EAST	'A'	1:43.20	
12	VALLEY WEST DES MOINES	'B'	1:49.29	

Boys' 110m Hurdles Varsity Finals

	Athlete	Yr	Team	Finals	Pts
1	Hayden Carlson	11	ANKENY	14.05	10
2	Landon Pote	12	ANKENY	14.78	8
3	Miciah LeLaCheur	11	VALLEY WEST DES M...	14.84	6
4	Logan VanDenBroek	10	PELLA	15.19	5
5	Alex Van Der Brink	11	SOUTHEAST POLK	15.70	4
6	Bentley Brennick	11	SOUTHEAST POLK	15.76	3
7	Lucas Peterson	11	WAUKEE	15.87	2
8	Noah Hinrichs	11	WAUKEE	15.94	1
9	Gavin Matheny	11	ANKENY CENTENNIAL	16.15	
10	Grant Finken	9	PELLA	16.59	
11	Devin Boyle	11	ANKENY CENTENNIAL	16.82	
12	Austin Banny JR	11	VALLEY WEST DES M...	17.93	

Boys' 110m Hurdles Junior Varsity Finals

	Athlete	Yr	Team	Finals	Pts
1	Nic Ryan	10	ANKENY CENTENNIAL	16.20	10
2	Conley Harne	10	VALLEY WEST DES M...	16.63	8
3	Jack Shields	9	SOUTHEAST POLK	18.23	6
4	Atticus Petersma	9	VALLEY WEST DES M...	19.09	5
5	Jaxon Volk	12	ANKENY CENTENNIAL	19.14	4

Boys' 800 Meters Varsity Finals

	Athlete	Yr	Team	Finals	Pts
1	Nicholas Robie	12	ANKENY	1:55.90	10
2	Canaan Dunham	11	PELLA	1:57.33	8
3	Brayden Vander Wilt	12	ANKENY CENTENNIAL	2:00.24	6
4	Chase Gordon	11	DES MOINES HOOVER	2:04.22	5
5	Tate Brownsberger	12	ANKENY	2:04.81	4
6	Noah Schuknecht	11	PELLA	2:06.23	3
7	Thomas Limback	10	VALLEY WEST DES M...	2:08.34	2
8	Angel Cruz Felipe	11	VALLEY WEST DES M...	2:11.11	1
9	Will Ackelson	11	SOUTHEAST POLK	2:12.03	
10	Isaiah Williams	12	DES MOINES EAST	2:15.15	
11	Alexander Schumacher	12	SOUTHEAST POLK	2:17.87	
12	Trevon Kelly	12	DES MOINES EAST	2:25.88	
13	Carter Hoskins	10	WAUKEE	2:27.79	
14	Nathan Buckley	11	DES MOINES HOOVER	2:36.84	
--	Drew Klemesrud	12	WAUKEE	DNS	

Boys' 800 Meters Junior Varsity Finals

	Athlete	Yr	Team	Finals	Pts
1	Dane Paulsen	11	PELLA	2:10.46	10
2	Jackson Kaiser	11	ANKENY	2:11.68	8
3	Charles Herzog	9	VALLEY WEST DES M...	2:14.61	6
4	Lucas Dragert	11	WAUKEE	2:15.23	5
5	Aaron Whiting	10	VALLEY WEST DES M...	2:15.53	4
6	Asher Schiebout	11	PELLA	2:16.39	3
7	Ivan Lopez	11	SOUTHEAST POLK	2:20.71	2
8	Ian Smith	11	ANKENY CENTENNIAL	2:22.72	1
9	Jonas Robinson	11	ANKENY CENTENNIAL	2:22.98	
10	Elijah Thompson	9	ANKENY	2:26.61	
11	Aidan Heaton	10	ANKENY	2:29.56	
12	Blake Ranslow	11	VALLEY WEST DES M...	2:31.38	
13	Benji DeBoom	9	SOUTHEAST POLK	2:31.76	
14	Abel Cerda	11	SOUTHEAST POLK	2:32.75	
15	Brady Bechler	9	WAUKEE	2:35.19	
16	Noah Huffaker	12	PELLA	2:35.21	
17	Marqaries Neighbors	12	DES MOINES HOOVER	2:43.08	
18	Adam Hartwigsen	12	ANKENY CENTENNIAL	2:48.11	
19	Ivan Phan	11	DES MOINES HOOVER	2:54.49	
20	Nolan Gee	12	DES MOINES EAST	2:57.65	
21	Jackson Luft	11	DES MOINES EAST	3:02.43	
--	Kevin Diphibane	11	DES MOINES EAST	DNS	

Boys' 200 Meters Varsity Finals

	Athlete	Yr	Team	Finals	Pts
1	Harry Mullens	11	PELLA	22.03	10
2	Justice Parkey	12	DES MOINES HOOVER	22.41	8
3	Emmanuel Gaye	12	SOUTHEAST POLK	22.71	6
4	Sam Heither	12	ANKENY CENTENNIAL	23.10	5
5	Alexander Zuber	10	ANKENY	23.16	4
6	Kyler Jones	11	ANKENY CENTENNIAL	23.22	3
7	Drew Thompson	11	SOUTHEAST POLK	23.58	2
8	Drake DeGroote	11	VALLEY WEST DES M...	23.68	1
9	Jack Romig	11	ANKENY	24.17	
10	Alvin Grier	11	WAUKEE	24.18	
11	Josh Hollins	10	DES MOINES HOOVER	24.20	
12	Nathaniel Ligman	11	PELLA	24.48	
13	Brady Carr	9	WAUKEE	24.81	
--	Qwaden Clearwater	12	DES MOINES EAST	DNS	
--	Roman Levine	12	VALLEY WEST DES M...	DNS	

Boys' 200 Meters Junior Varsity Finals

	Athlete	Yr	Team	Finals	Pts
1	Aaden Levy	10	SOUTHEAST POLK	23.49	10
2	AJ McKenzie	11	VALLEY WEST DES M...	24.04	8
3	Dylan Panther	12	ANKENY	24.07	6
4	Maximus Ogden	9	SOUTHEAST POLK	24.08	5
5	Solomon Swanson	10	ANKENY	24.17	4
6	Rex Jensen	12	ANKENY CENTENNIAL	24.47	3
7	Jason Deo	10	DES MOINES EAST	24.52	2
8	Reid Thompson	9	SOUTHEAST POLK	24.54	
9	Kaden Klootwyk	12	VALLEY WEST DES M...	25.00	1
10	Adam Peterson	12	SOUTHEAST POLK	25.14	
11	Aidan Kruempel	10	PELLA	25.15	
12	Norman Ha	9	ANKENY	25.33	
13	Bryan Butler	12	SOUTHEAST POLK	25.37	
14	Jayden Johnson	12	SOUTHEAST POLK	25.51	
15	David Davis	10	DES MOINES HOOVER	25.81	
16	David Gbeaday	9	DES MOINES HOOVER	26.18	
17	Keaton Olson	11	ANKENY CENTENNIAL	26.24	
18	Cloud Abbott	12	VALLEY WEST DES M...	26.51	
19	Ethan Van Maanen	10	PELLA	27.06	
20	Davion Hunter	11	DES MOINES HOOVER	27.07	
21	James Hunter	10	DES MOINES EAST	27.57	
22	Cash Roberts	11	DES MOINES EAST	28.75	
23	Jaxson Pace	9	PELLA	28.77	
--	Josh Dweh	12	ANKENY CENTENNIAL	DNS	
--	Thomas Dixon	11	SOUTHEAST POLK	DNS	

Boys' 400m Hurdles Varsity Finals

	Athlete	Yr	Team	Finals	Pts
1	Cael Woods	12	ANKENY CENTENNIAL	54.21	10
2	Jayden Jeter	11	WAUKEE	54.78	8
3	Luke Bartlett	12	SOUTHEAST POLK	58.59	6
4	Harrison Truman	10	ANKENY	58.91	5
5	Jaylen Jackson	12	VALLEY WEST DES M...	59.84	4
6	Bentley Brennick	11	SOUTHEAST POLK	59.91	3
7	Benjamin O'Halloran	10	PELLA	59.95	2
8	Cal Meisner	9	WAUKEE	1:02.22	1
9	Max Stelpflug	10	PELLA	1:03.40	
10	Traden Skinner	11	DES MOINES HOOVER	1:06.08	
11	Cooper Quinn	12	VALLEY WEST DES M...	1:12.00	
--	Gavin Matheny	11	ANKENY CENTENNIAL	DNS	

Boys' 400m Hurdles Junior Varsity Finals

	Athlete	Yr	Team	Finals	Pts
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1	Grant Finken	9	PELLA	1:03.91	10
2	John Chesire	10	VALLEY WEST DES M...	1:05.36	8
3	Gavin Marschel	9	VALLEY WEST DES M...	1:06.09	6
4	Miles Bircher	9	DES MOINES HOOVER	1:06.81	5
5	Hayden Hamilton	10	SOUTHEAST POLK	1:06.94	4
6	Zane Redman	10	PELLA	1:06.97	3
7	Andrew Alatorre	10	SOUTHEAST POLK	1:07.07	2
8	Treyson Kelly	9	DES MOINES EAST	1:07.43	1
9	Gus Johnson	10	ANKENY	1:09.00	
10	Daveon Davis	9	DES MOINES EAST	1:09.12	
11	Dorian Hilson	12	DES MOINES EAST	1:16.14	
--	Mark Nelson	12	ANKENY CENTENNIAL	DNS	

Boys' 1600 Meters Varsity Finals

	Athlete	Yr	Team	Finals	Pts
1	Sean Thomas	12	ANKENY CENTENNIAL	4:38.14	10
2	Joseph Lawry	12	WAUKEE	4:39.49	8
3	Davis Johnson	11	ANKENY CENTENNIAL	4:39.95	6
4	Devon Browne	12	PELLA	4:42.56	5
5	Mason Gaulke	11	PELLA	4:44.84	4
6	Brock Johnson	12	SOUTHEAST POLK	4:48.83	3
7	Josh Moberg	11	SOUTHEAST POLK	4:48.87	2
8	Nelsen Perrigo	9	VALLEY WEST DES M...	4:52.40	1
9	Sean Bendinger	12	VALLEY WEST DES M...	4:52.58	
10	Logan Rolling	11	ANKENY	4:55.21	
11	Mason Friedel	9	WAUKEE	5:13.07	
--	Cohen Moll	11	ANKENY CENTENNIAL	DNS	
--	Chase Gordon	11	DES MOINES HOOVER	DNS	
--	Brayden Nixt	10	ANKENY	DNS	

Boys' 1600 Meters Junior Varsity Finals

	Athlete	Yr	Team	Finals	Pts
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1	Kaiden Browne	12	PELLA	4:46.09	10
2	Rishab Patel	11	WAUKEE	4:52.11	8
3	Nick Wellet	12	WAUKEE	4:58.19	6
4	Ellis Coyier	12	WAUKEE	4:58.96	
5	Gideon Miller	11	ANKENY	5:02.98	5
6	Tarunesh Gopinath	10	VALLEY WEST DES M...	5:09.40	4
7	Weston Bowser	10	VALLEY WEST DES M...	5:10.02	3
8	Zane Hrastich	12	SOUTHEAST POLK	5:12.82	2
9	Max Johnson	10	SOUTHEAST POLK	5:13.31	1
10	Miles Harbert	9	ANKENY	5:15.24	
11	Jackson Schulz	10	ANKENY	5:24.04	
12	Luke Patterson	11	SOUTHEAST POLK	5:30.58	
13	Xander Mielke	12	DES MOINES EAST	5:36.26	
14	Noah Huffaker	12	PELLA	5:51.32	
15	Eli Hutchison	12	VALLEY WEST DES M...	6:12.44	
16	Cameron Renes	11	DES MOINES HOOVER	6:15.65	
--	Lane Moeckly	10	ANKENY CENTENNIAL	DNS	
--	Brayden Peitz	10	SOUTHEAST POLK	DNS	
--	Samuel Keller	9	PELLA	DNS	
--	Jackson Luft	11	DES MOINES EAST	DNS	

Boys' 4x100 Relay Varsity Finals

	Team	Relay	Finals	Pts
1	SOUTHEAST POLK	'A'	43.01	10
2	ANKENY CENTENNIAL	'A'	43.20	8
3	DES MOINES HOOVER	'A'	43.92	6
4	DES MOINES EAST	'A'	44.40	5
5	HUMBOLDT	'A'	44.42	4
6	PELLA	'A'	44.49	3
7	ANKENY	'A'	45.32	2
8	WAUKEE	'A'	45.60	1
--	VALLEY WEST DES MOINES	'A'	DQ	

Boys' 4x100 Relay Junior Varsity Finals

	Team	Relay	Finals	Pts
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1	ANKENY CENTENNIAL	'A'	45.45	10
2	SOUTHEAST POLK	'B'	45.53	8
3	VALLEY WEST DES MOINES	'A'	45.75	6
4	SOUTHEAST POLK	'A'	45.94	
5	ANKENY	'A'	45.98	5
6	ANKENY CENTENNIAL	'B'	46.65	
7	DES MOINES EAST	'B'	47.91	4
8	DES MOINES EAST	'A'	47.95	
9	WAUKEE	'A'	51.97	3
10	DES MOINES HOOVER	'A'	56.78	2
--	PELLA	'A'	DNF	

Boys' 4x400 Relay Junior Varsity Finals

	Team	Relay	Finals	Pts
1	ANKENY CENTENNIAL	'B'	3:41.86	10
2	PELLA	'B'	3:44.30	8
3	ANKENY	'A'	3:45.82	6
4	ANKENY CENTENNIAL	'A'	3:46.38	
5	PELLA	'A'	3:49.36	
6	SOUTHEAST POLK	'B'	3:52.53	5
7	SOUTHEAST POLK	'A'	3:53.00	
8	VALLEY WEST DES MOINES	'A'	3:54.51	4
9	DES MOINES EAST	'A'	3:59.24	3
10	WAUKEE	'A'	3:59.29	2
11	VALLEY WEST DES MOINES	'B'	4:04.41	
12	DES MOINES EAST	'B'	4:28.27	
13	DES MOINES HOOVER	'A'	4:31.51	1

Boys' 4x400 Relay Varsity Finals

	Team	Relay	Finals	Pts
1	ANKENY CENTENNIAL	'A'	3:27.44	10
2	WAUKEE	'A'	3:29.93	8
3	PELLA	'A'	3:37.69	6
4	HUMBOLDT	'A'	3:40.83	5
5	SOUTHEAST POLK	'A'	3:42.87	4
6	ANKENY	'A'	3:47.99	3
7	DES MOINES HOOVER	'A'	3:50.32	2

Boys' Shot Put Junior Varsity Finals

	Athlete	Yr	Team	Finals	Pts
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1	Johnathan Gilbert	10	ANKENY CENTENNIAL	49-01.75	10
2	Karsten Bernholtz	12	ANKENY	45-02.50	8
3	Samuel Carlson	11	PELLA	42-03.25	6
4	Joel Yankoon	9	SOUTHEAST POLK	42-01.50	5
5	Cooper Chebuhar	10	SOUTHEAST POLK	41-07.75	4
6	Rylan VanDyke	12	PELLA	40-11.25	3
7	Anthony Mershon	11	VALLEY WEST DES M...	40-04.75	2
8	Caleb Quick	10	SOUTHEAST POLK	39-07.75	
9	Benjamin Dothager	11	PELLA	38-06.50	
10	Riley Zitterich	10	VALLEY WEST DES M...	38-04.50	1
11	Levi Kohtz	10	WAUKEE	38-04.25	
12	Noah White	10	SOUTHEAST POLK	38-03.25	
13	Tyson Rauser	12	ANKENY	37-06.75	
14	Julius Vera	9	DES MOINES HOOVER	37-04.50	
15	Braylin Deakin-Keahey	11	ANKENY CENTENNIAL	37-02.50	
16	Wesley Williams	12	WAUKEE	36-08.75	
17	Landon Carlson	10	VALLEY WEST DES M...	36-07.75	
18	Malachi Loftis	12	PELLA	35-11.50	
19	Patrick Moreland	12	WAUKEE	35-10.25	
20	Quintin Moore	12	VALLEY WEST DES M...	35-04.00	
21	Nicholas Gallant	10	SOUTHEAST POLK	34-05.50	
22	Keegan Pilcher	9	ANKENY CENTENNIAL	32-10.25	
23	Max Castellano	9	DES MOINES EAST	31-10.75	
24	Alex Aguilar	11	DES MOINES EAST	31-05.75	
25	Caleb Jorgenson	10	DES MOINES HOOVER	30-04.50	
26	Karter Strahl-Most	9	DES MOINES EAST	30-02.75	
27	AJ Ryker	11	WAUKEE	29-01.50	
--	Jai'Mere Taylor	9	DES MOINES HOOVER	SCR	

Boys' Shot Put Varsity Finals

	Athlete	Yr	Team	Finals	Pts
1	Max Dickinson	12	ANKENY CENTENNIAL	54-10.25	10
2	Manuel Adame	12	DES MOINES EAST	50-02.50	8
3	Gavin Humphrey	12	ANKENY CENTENNIAL	49-00.00	6
4	Ryan Tomlinson	12	ANKENY	48-05.50	5
5	Nathan Lee	11	ANKENY	47-05.75	4
6	Teague Cantrall	11	SOUTHEAST POLK	46-10.00	3
7	Palmer Hemming	11	PELLA	46-02.75	2
8	Cael Roberts	11	SOUTHEAST POLK	45-05.00	1
9	Reagan Anderson	10	PELLA	43-00.50	
10	Logan Meagher	12	WAUKEE	39-06.00	
11	Tommy Lloyd	11	WAUKEE	39-03.75	
12	Kian Gilmore	12	VALLEY WEST DES M...	39-00.00	
13	Tahj Williams	12	DES MOINES HOOVER	35-07.75	
14	Mason Cook-Vasquez	9	DES MOINES EAST	35-05.75	
--	Caden Flewellyn	11	VALLEY WEST DES M...	NM	

Boys' Discus Junior Varsity Finals

	Athlete	Yr	Team	Finals	Pts
1	Jonathan Panknen	11	PELLA	131-05.00	10
2	Gio Wilson	10	SOUTHEAST POLK	127-11.00	8
3	Jose Tello-Price	11	DES MOINES EAST	122-00.00	6
4	Ryan Pruin	11	ANKENY	112-09.00	5
5	Tyson Rauser	12	ANKENY	112-02.00	4
6	Anthony Mershon	11	VALLEY WEST DES M...	110-02.00	3
7	Roscoe Kavalier	9	SOUTHEAST POLK	107-11.00	2
8	Cael Thompson	11	ANKENY CENTENNIAL	107-01.00	1
9	Tommy Lloyd	11	WAUKEE	105-10.00	
10	Jacob Warner	9	PELLA	102-05.00	
11	Will Dietz	11	ANKENY CENTENNIAL	102-02.00	
12	Asher Megonnell	9	ANKENY CENTENNIAL	101-11.00	
13	Landon Panknen	9	PELLA	93-10.00	
14	Julius Vera	9	DES MOINES HOOVER	92-00.00	
15	Richard Dameron	9	WAUKEE	90-01.00	
16	Braxton Knapp	10	VALLEY WEST DES M...	86-09.00	
17	Elliot Pugh	10	VALLEY WEST DES M...	86-02.00	
18	Caleb Quick	10	SOUTHEAST POLK	85-00.00	
19	Caleb Jorgenson	10	DES MOINES HOOVER	84-09.00	
20	AJ Ryker	11	WAUKEE	84-02.00	
21	Aaron Stockbauer	10	DES MOINES EAST	82-07.00	
22	Calvin Kadel	10	SOUTHEAST POLK	82-05.00	
23	Kaiden Polk	10	DES MOINES EAST	82-02.00	
24	Landon Carlson	10	VALLEY WEST DES M...	81-00.00	
25	Vance Castle	9	PELLA	72-09.00	
26	Jared Mease	11	WAUKEE	64-02.00	
27	Alfrdeo Munoz	9	DES MOINES EAST	61-08.00	
--	Jai'Mere Taylor	9	DES MOINES HOOVER	NM	

Boys' Discus Varsity Finals

	Athlete	Yr	Team	Finals	Pts
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1	Kian Gilmore	12	VALLEY WEST DES M...	155-05.00	10
2	Reece Whinery	11	SOUTHEAST POLK	149-02.00	8
3	Teague Cantrall	11	SOUTHEAST POLK	147-08.00	6
4	Ryan Tomlinson	12	ANKENY	141-10.00	5
5	Caleb Larson	11	ANKENY CENTENNIAL	140-05.00	4
6	Reagan Anderson	10	PELLA	139-00.00	3
7	Andrew Haase	12	ANKENY	134-10.00	2
8	Manuel Adame	12	DES MOINES EAST	131-06.00	1
9	Garrett O'Halloran	12	PELLA	131-05.00	
10	Wesley Williams	12	WAUKEE	122-10.00	
11	Johnny Gilbert	10	ANKENY CENTENNIAL	122-08.00	
12	Levi Kohtz	10	WAUKEE	118-01.00	
13	Caden Flewellyn	11	VALLEY WEST DES M...	102-00.00	
14	Malik Williams	10	DES MOINES EAST	80-02.00	
--	Tahj Williams	12	DES MOINES HOOVER	NM	

Boys' High Jump Junior Varsity Finals

	Athlete	Yr	Team	Finals	Pts
1	Donault Moore	11	VALLEY WEST DES M...	5-10.00	10
2	Jaidyn Perry	11	SOUTHEAST POLK	5-04.00	8
--	Javahcy Brooks	10	DES MOINES HOOVER	DNS	
--	Kayden Johnson	10	DES MOINES EAST	NH	
--	Daveon Davis	9	DES MOINES EAST	NH	
--	Urban Ingram	10	ANKENY CENTENNIAL	NH	
--	Kody Vonnahme	10	ANKENY CENTENNIAL	NH	
--	Owen Vossberg	11	SOUTHEAST POLK	NH	
--	Brady Johnson	11	SOUTHEAST POLK	NH	
--	Dannick Nzimi	9	VALLEY WEST DES M...	NH	
--	Marco Fenu	10	VALLEY WEST DES M...	NH	

Boys' High Jump Varsity Finals

	Athlete	Yr	Team	Finals	Pts
1	Logan VanDenBroek	10	PELLA	6-02.00	10
2	Jaylen Jackson	12	VALLEY WEST DES M...	6-00.00	8
3	Jack Reed	10	PELLA	5-10.00	5.5
3	Austin Banny JR	11	VALLEY WEST DES M...	5-10.00	5.5
5	Ajak Malual	9	WAUKEE	5-10.00	4
6	Jaxon Volk	12	ANKENY CENTENNIAL	5-10.00	3
7	Reid Thompson	9	SOUTHEAST POLK	5-10.00	2
8	Jacob Worden	11	SOUTHEAST POLK	5-06.00	1
9	Isaiah Williams	12	DES MOINES EAST	5-04.00	
--	Tyler Carlson	12	HUMBOLDT	NH	

Boys' Long Jump Junior Varsity Finals

	Athlete	Yr	Team	Finals	Pts
1	Brandon Harrell	10	DES MOINES HOOVER	20-01.00	10
2	Donault Moore	11	VALLEY WEST DES M...	19-09.00	8
3	Tom Miller	9	ANKENY CENTENNIAL	18-10.00	6
4	Jayden Adaway	10	VALLEY WEST DES M...	18-05.00	5
5	Jamel Heliman	10	DES MOINES EAST	18-04.50	4
6	Mark Agbro	10	PELLA	18-03.00	3
7	Daevon Hall	9	VALLEY WEST DES M...	18-00.00	
8	Treyce Young	11	ANKENY CENTENNIAL	18-00.00	
8	Urban Ingram	10	ANKENY CENTENNIAL	18-00.00	2
10	Bryce Ligman	9	PELLA	17-10.50	1
11	Riker Branderhorst	10	PELLA	17-05.50	
11	Cayson Harris	10	SOUTHEAST POLK	17-05.50	
13	Chris Zeh	9	SOUTHEAST POLK	17-05.00	
14	Jayden Johnson	12	SOUTHEAST POLK	17-04.00	
15	Adam Peterson	12	SOUTHEAST POLK	16-07.50	
16	Reece Conklin	9	ANKENY	16-01.00	
17	Kyler Van Maanen	10	PELLA	15-03.50	
18	Ivan Sandoval	10	ANKENY	15-02.50	

Boys' Long Jump Varsity Finals

	Athlete	Yr	Team	Finals	Pts
1	Johnathon (Jt) Giefer	11	DES MOINES EAST	21-11.00	10
2	Jamual Richardson Williams	11	WAUKEE	21-10.50	8
3	Emmanuel Diers	11	PELLA	20-11.00	6
4	Jayden Brown	11	VALLEY WEST DES M...	20-10.50	5
5	Elliot Carlson	12	HUMBOLDT	20-09.50	4
6	Alvin Grier	11	WAUKEE	20-03.50	3
7	Jeremiah Bassett	12	ANKENY CENTENNIAL	19-09.50	2
8	Aidan Kruempel	10	PELLA	19-05.00	1
9	Ben Fleming	10	VALLEY WEST DES M...	19-01.50	
10	A'Rontae Johnson	11	DES MOINES EAST	18-08.50	
11	Gavin Matheny	11	ANKENY CENTENNIAL	18-08.00	
12	Dylan Panther	12	ANKENY	18-07.00	
13	Diyon Berry	11	DES MOINES HOOVER	18-04.50	
13	Brayden Lewis	11	SOUTHEAST POLK	18-04.50	
15	Greyson Lewis	9	SOUTHEAST POLK	18-03.00	
16	Carter Follmuth	9	ANKENY	17-03.00	