

## 2025 Louisiana Indoor Classic – 03/1/2025

## MEET SCHEDULE

## **Running Event Finals (8 am Start)**

4 x 200m	Age 13 – 18
1600m	Age 13 – 18
400m	Age 13 – 18
60m Hurdles	Age 11 – 18
60m	Age 13 – 18
800m	Age 13 – 18
200m	Age 13 - 18
4 x 400m Relay	Age 13 - 18
4 x 200m Relay	Age 5 – 12
800m	Age 7 – 12
60m Dash	Age 5 – 12
400m	Age 9 – 12
200m	Age 5 – 8
1600m	Age 9 – 12
4 x 400m Relays	Age 7 – 12



## Field Event

8:00 am Long Jump

Pit A	Flight 1:	Age 6U and 7-8 Girls
	Flight 2:	9-10 Girls
	Flight 3:	11-12 Girls
	Flight 4:	13-14 Girls
	Flight 5:	15-16 Girls and 17-18 Women

Pit B	Flight 1:	Age 6U and 7-8 Boys
	Flight 2:	9-10 Boys
	Flight 3:	11-12 Boys and
	Flight 4:	13-14 Boys
	Flight 5:	15-16 Boys and 17-18 Men

## After Long Jump      Triple Jump

### Flight 1:      All Age Groups

### 9:00 am Shot Put

Flight 1: 12lb - Age 15-16 Boys and 17-18 Men  
Flight 2: 4kg - Age 13-14 Boys, 15-16 Girls and 17-18 Women  
Flight 3: 6lb - Age 13 -14 Girls and 11-12 Girls  
Flight 4: 6lb - Age 11-12 Boys, 9-10 Girls and 9-10 Boys  
Flight 5: 4kg - Age 7-8 Boys and Girls

Live results: [results.adkinstrak.com](http://results.adkinstrak.com)