

FAM TURKEY TROT 5K RUN - 11/28/2024**11/28/2024****Results****Event 1 Women 16&U 5000 Meter Run**

Name	Age Team	Finals	H#	Points
Results - Women 16 & Under				
1 Rose, Kari	16 West Des Moines	30:25.85	1	
2 Moser, Lucy	9 Des Moines	31:49.29	1	
3 Smith, Shelby	14 Johnston	32:26.91	1	
4 Halackzkiewicz, Annika	14 Clive	34:01.65	1	
5 Marovets, Maddie	9 Waukee	36:00.80	1	
6 Mathes, Eloise	7 Johnston	42:24.07	1	
7 Mendez, Ashley	11 West Des Moines	45:00.67	1	
8 Heitmeier, Lyla	7 Carlisle	54:15.56	1	
9 Piper, Schultz	11 Des Moines	56:35.06	1	
10 Schultz, Maddox	16 Waukee	56:37.73	1	
11 Heitmeier, Charlotte	4 Carlisle	57:39.40	2	

Event 1 Men 16&U 5000 Meter Run

Name	Age Team	Finals	H#	Points
Results - Men 16 & Under				
1 Netherton, Landon	13 Urbandale	22:31.94	6	
2 Simonson, Jeffrey	12 Polk City	22:56.63	6	
3 Gunkel, Will	16 Clive	24:36.89	6	
4 Mathes, Elliot	11 Johnston	25:02.00	7	
5 Netherton, Mitchell	16 Urbandale	25:27.40	7	
6 Brandon, Charlie	12 Clive	28:17.01	7	
7 Gunkel, Evan	9 Urbandale	29:37.28	7	
8 McIlwain, Will	8 Clive	29:44.33	7	
9 Kostrzewski, Liam	9 Des Moines	29:51.92	7	
10 Rafferty, Sebastian	10 Johnston	31:31.31	7	
11 Mathes, Leo	9 Johnston	34:20.88	7	
12 Gunkel, Pete	14 Clive	34:32.31	7	
13 Ritzman, Ben	9 Waukee	36:32.56	7	
14 Edwards, Rylan	7 West Des Moines	38:51.45	8	
15 Brandon, Jack	9 Clive	40:40.05	8	
16 Canedy, Charlie	15 Altoona	51:56.19	8	
17 Tvrdik, Patrick	14 Pleasant Hill	54:43.42	8	
18 Preisser, Anderson	11 Des Moines	56:57.46	8	
19 Christianson, Rosalie	8 Altoona	57:19.70	8	
20 Glynn, Alexander	16 Grimes	1:01:13.33	8	

Event 1 Women 17-25 5000 Meter Run

Name	Age Team	Finals	H#	Points
Results - Women 17-25				
1 Chenoweth, Emma	25 Des Moines	25:51.48	2	
2 Riffel, Alexandra	19 West Des Moines	28:02.07	2	
3 Squires, Angela	24 North Liberty	30:03.59	2	
4 Mendoza, Isabel	24 Urbandale	37:00.44	2	
5 Warner, Brittany	25 Ankeny	37:52.73	2	
6 Emily, Lowe	18 Des Moines	56:35.42	2	
7 McDonnell, Ali	20 Waukee	1:00:10.15	2	

FAM TURKEY TROT 5K RUN - 11/28/2024**11/28/2024****Results****Event 1 Men 17-25 5000 Meter Run**

Name	Age	Team	Finals	H#	Points
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Results - Men 17-25

1	Smith, Cody	22	Johnston	18:42.58	8
2	Greteman, Will	22	West Des Moines	23:49.93	8
3	Greteman, Ryan	19	West Des Moines	23:56.59	8
4	Diemer, Patrick	25	Grimes	26:13.29	9
5	Bingaman, Xander	18	Urbandale	26:16.54	9
6	DeGroote, Drake	17	West Des Moines	30:11.26	9
7	Brown, Adrion	20	Ankeny	37:10.16	9
8	Nichols, Jace	21	Knoxville	38:34.90	9
9	Lutz, Andrew	23	West Des Moines	45:30.87	9

Event 1 Women 26-35 5000 Meter Run

Name	Age	Team	Finals	H#	Points
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Results - Women 26-35

1	Diemer, Rebecca	31	Adel	18:30.35	2
2	Swanson, Maggie	33	Batavia	24:36.18	2
3	DeLanoit, Jessica	26	Urbandale	26:02.69	3
4	Halliwell, Meagan	26	West Des Moines	26:12.26	3
5	Moser, Michelle	35	Des Moines	27:27.33	3
6	Little, Taylor	28	West Des Moines	30:06.72	3
7	Jackson, Alivia	28	Johnston	30:56.14	3
8	Putzier, Kaylee	30	Des Moines	31:17.36	3
9	Becker, Julia	33	Ankeny	32:51.28	3
10	Collins, Kylie	31	Johnston	34:47.25	3
11	Persing, Allison	27	Chicago	42:24.97	3
12	McCoy, Maria	26	Warsaw	53:25.16	3
13	Heitmeier, Kaitlyn	33	Carlisle	54:27.74	4
14	Sternquist, Zoey	29	Johnston	1:00:17.69	4

Event 1 Men 26-35 5000 Meter Run

Name	Age	Team	Finals	H#	Points
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Results - Men 26-35

1	Heitmeier, Blake	34	Carlisle	25:09.29	9
2	Jackson, Alec	27	Johnston	25:35.76	9
3	Studer, Samuel	28	Chicago	27:08.95	9
4	Diemer, Sean	29	Johnston	27:52.98	9
5	Collins, Aaron	32	Johnston	28:54.75	10
6	Roby, Otis	28	Knoxville	30:01.89	10
7	Green, Andrew	35	Des Moines	30:55.90	10
8	Myers, Colton	29	Warsaw	33:02.54	10
9	Panek, Jacob	35	West Des Moines	34:12.74	10
10	Warner, Dakota	26	Ankeny	35:53.74	10
11	Findlay, Caleb	32	Adel	36:22.68	10
12	Hurd, Colin	34	Ames	49:02.01	10
13	Bridge, Ethan	26	West Des Moines	49:34.71	10

FAM TURKEY TROT 5K RUN - 11/28/2024**11/28/2024****Results****Event 1 Women 36-45 5000 Meter Run**

Name	Age	Team	Finals	H#	Points
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Results - Women 36-45

1	Edwards, Ashley	41	West Des Moines	29:25.05	4
2	Kostrzewski, Elzbieta	41	Des Moines	30:01.00	4
3	Haislip, Jessica	36	Starkville	30:08.74	4
4	McIlwain, Rachel	38	Clive	33:42.65	4
5	Michel, Marissa	36	Waukee	34:32.54	4
6	Gratton, Kayla	36	West Des Moines	41:58.61	4
7	Brandon, Lindsay	45	Clive	42:21.32	4
8	Mathes, Ashley	39	Johnston	42:21.79	4
9	Christianson, Lindsey	39	Altoona	50:59.26	5
10	Stephanie, Pearson	42	Des Moines	51:56.86	5
11	Green, Danielle	36	Des Moines	53:02.84	5
12	Doll, Kacey	38	West Des Moines	58:35.86	5

Event 1 Men 36-45 5000 Meter Run

Name	Age	Team	Finals	H#	Points
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Results - Men 36-45

1	Mathes, Scott	41	Johnston	19:10.47	10
2	Becker, Jimmy	37	Ankeny	21:06.59	11
3	Netherton, Shane	44	Urbandale	22:00.85	11
4	Spedding, Joel	38	Des Moines	25:51.17	11
5	Michel, Ryan	37	Waukee	27:32.68	11
6	Gunkel, Jason	43	Urbandale	29:39.23	11
7	Jones, Justin	40	West Des Moines	29:47.34	11
8	Lane, Moser	37	Des Moines	31:31.55	11
9	Hoque, Mohammad	42	Des Moines	36:09.69	11
10	Rafferty, Dave	39	Johnston	49:33.42	11
11	Christianson, Michael	44	Altoona	51:33.00	11
12	Glynn, Marty	45	Grimes	1:00:22.48	12

Event 1 Women 46-55 5000 Meter Run

Name	Age	Team	Finals	H#	Points
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Results - Women 46-55

1	Smith, Mitzi	46	Johnston	35:15.63	5
2	Bingaman, Amy	50	Urbandale	41:01.73	5
3	Mendez, Heidi	53	West Des Moines	45:31.20	5
4	Bolles, Cheryl	52	Waukee	47:30.27	5
5	Canedy, Stephanie	53	Altoona	50:56.22	5
6	Carla, Huebner	55	Des Moines	52:19.07	5

Event 1 Men 46-55 5000 Meter Run

Name	Age	Team	Finals	H#	Points
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Results - Men 46-55

1	Brandon, Bart	47	Clive	21:51.21	12
2	Gunkel, Lance	46	Clive	24:54.49	12
3	Smith, Chris	50	Johnston	26:16.00	12
4	Tvrdik, Steve	48	Pleasant Hill	56:58.61	12

FAM TURKEY TROT 5K RUN - 11/28/2024**11/28/2024****Results****Event 1 Women 56+ 5000 Meter Run**

Name	Age	Team	Finals	H#	Points
Results - Women 56+					
1 Defebaugh, Beth	56	Des Moines	31:54.37	6	
2 Bridge, Susan	64	West Des Moines	50:06.87	6	
3 Connie, Shoff	77	Des Moines	50:41.75	6	
4 Walsh, Suzanne	59	West Des Moines	53:23.28	6	
5 Myers, Liz	60	West Des Moines	53:26.27	6	
6 Porto, Tave	57	West Des Moines	53:28.90	6	
7 Diemer, Mary	61	West Des Moines	1:00:21.11	6	

Event 1 Men 56+ 5000 Meter Run

Name	Age	Team	Finals	H#	Points
Results - Men 56+					
1 Halliwell, Jim	60	West Des Moines	27:47.50	12	
2 Nath, Patrick	57	West Des Moines	39:03.22	12	
3 Myers, Darrin	59	West Des Moines	39:23.37	12	
4 Roby, David	56	Knoxville	45:00.13	12	
5 Becicka, Daryl	58	West Des Moines	45:31.72	12	
6 Mendoza, Emilio	63	Grimes	50:35.33	13	
7 Walsh, Marty	60	West Des Moines	53:29.94	13	
8 Smith, Conroy	70	Des Moines	56:40.20	13	
9 Diemer, Thomas	64	West Des Moines	1:00:20.05	13	