



# **Cyclone Club Invitational**

March 23<sup>rd</sup>, 2024

Lied Recreation Athletic Center

Iowa State University

***Meet Information***

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# Iowa State Classic

Lied Recreation Athletic Center  
Iowa State University, Ames,  
Iowa

**Mar 23, 2024**

Last updated December 2, 2022

## Entry Information

### Entry Fees:

Unattached Athlete: \$20

Team (10+): \$200

*If you would like to pay online you can follow the link below to the website to pay online. If you are paying in person please bring the exact cash amount. Before entering the facility you will be asked to pay or show proof if it is not registered on our end.*

<https://market.stuorg.iastate.edu/1972/product>

### Important Dates

Entries Close: Wednesday, March 23rd, 2024 at 11:59pm (CT).

### Scratches:

To assist meet management in providing the most competitive fields possible, please submit all scratches to (marceljs@iastate.edu ) no later than Friday, March 23<sup>rd</sup> at 12:00pm (CT).

### Preferred Lanes:

60m	5-4-6-3-2-7-8-1
200m	5-6-4-3-2-1
400m	5-6-4-3-2-1

### Opening Heights:

Final opening heights will be determined by entries

## **Pre-Meet & Competition Information**

**Welcome to the Cyclone Club Invitational!** We kindly ask for your cooperation in the following facility guidelines to ensure a safe and clean environment.

**2nd and 3rd Floor:** Both floors are restricted to visitors as these floors are for members of the facility and ISU Students that may be working out. We kindly ask that you stay on the first floor only as everything you may need will be on this floor. The locker room is located right next to the rock wall and bathrooms too.

**Cleanliness:** The facility has asked us to keep the facility as clean as possible and we ask that you help us in doing so by making sure you throw out your trash and if you need to throw up please use the trash cans and not the track. If you see a trash can that is full please flag down meet staff and they will help in making sure it gets sorted.

**Note of Appreciation:** Adhering to these guidelines not only helps us maintain a clean and efficient environment but also strengthens our relationship with the Facilities team. Your cooperation is crucial in ensuring this meet stays an annual event for all clubs.

### **Event Check-In:**

Check-in for all running events will take place at the Southeast corner of the turf infield of the Lied Recreation Athletic Facility. Track athletes may check-in any time but must be in the staging area starting 10 minutes prior to the start of their race. All field events will check-in at their respective site of competition during athlete warm-up.

### **Weigh-In:**

Implement inspection will take place at the designated throws circle 15 minutes prior to the first throwing event on Saturday. Inspection will end prior to the start of the event.

### **Team Seating & Camps:**

Team seating and camps will be located outside the track oval. **There will be NO TEAM SEATING available in the infield. The infield is strictly reserved for athlete warm-up and coaching ONLY.**

### **Severe Injury Support:**

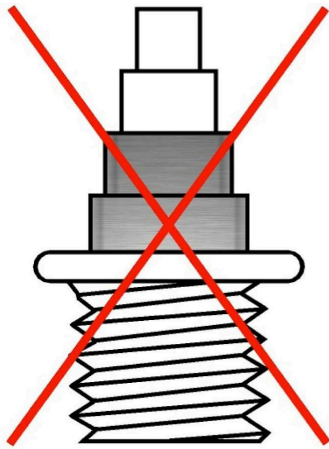
The Emergency Room is located at Mary Greeley Medical Center, 1111 Duff Avenue. Urgent Care is located at McFarland Clinic, 3815 Stange Road; (515) 956-4044b





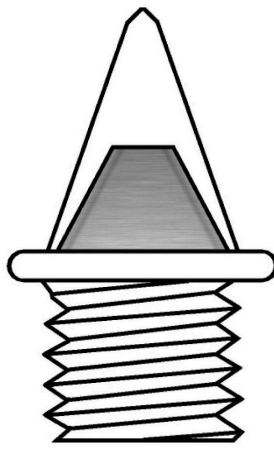
### SPIKES:

- ONLY  $\frac{1}{4}$  pyramid spikes will be allowed in the Lied Recreation Athletic Center.
- Athletes will not compete if you do not comply with this rule.
- Shoes will be checked at the clerk's area prior to

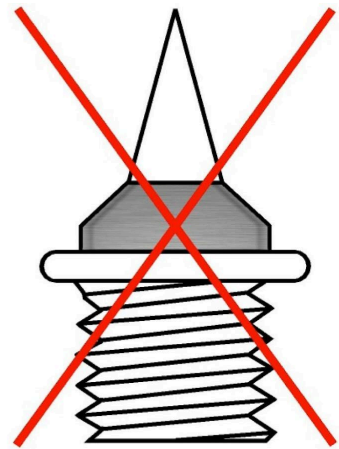


**NO**  
**Christmas**  
**Tree Spike**  
**Pins**

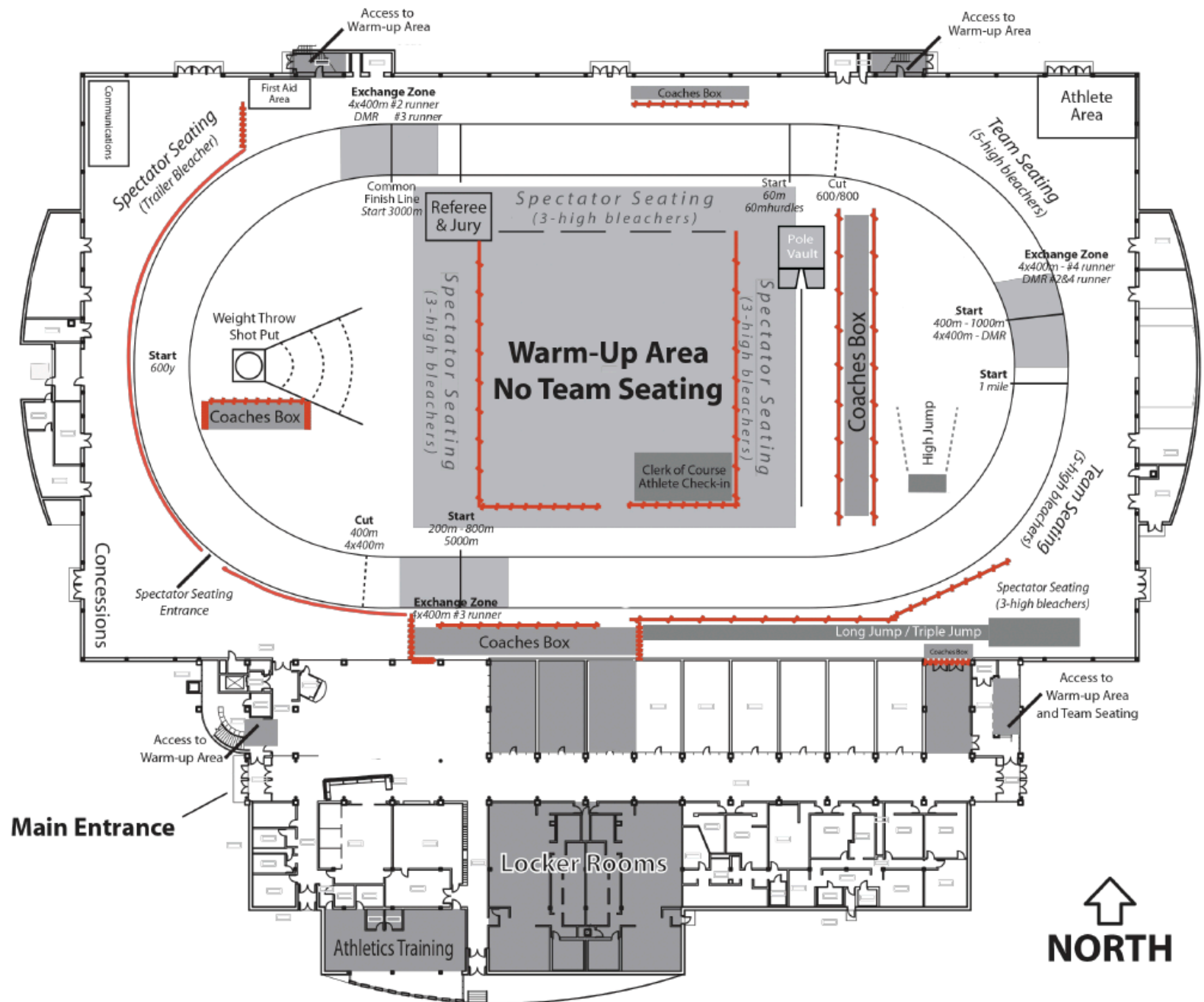
competition.



**1/4"**  
**Pyramid**



**NO**  
**Needle**  
**Spike**  
**Pins**



## Directions & Parking Information Lied Recreation Athletic Center

Participant drop off is located on Beach Road in front of the Lied Recreation Athletic Center.  
Bus parking is located in the Iowa State Center lots north of Jack Trice Stadium. A parking attendant can aid you in locating this parking area.

### *Parking Lot Assignments*

- **Lot 57** –
  - Officials & working staff
- **Lot 100**
  - Team vans & general public
- Iowa State Center
  - Bus parking

Please note that all parking is on a first come first serve basis.

