

AUS-RSEQ Interlock Cross Country Championships - 2023-10-07**Hosted by University of New Brunswick****Kingswood Resort****Results****Event 1 Women 8k Run CC**

Name	Year Team	Avg 1K	Finals	Points
Results - Women				
1 Beauchemin, Catherine 30:27.2 (30:27.2)	Laval Rouge-et-Or	3:48.4	30:28	1
2 Paquet, Sara-Pier 30:34.6 (30:34.6)	Laval Rouge-et-Or	3:49.4	30:35	2
3 Gauthier, Laurence 30:45.8 (30:45.8)	Sherbrooke	3:50.8	30:46	3
4 Bérubé, Jade 31:00.7 (31:00.7)	Laval Rouge-et-Or	3:52.6	31:01	4
5 Sandluck, Allie 31:15.5 (31:15.5)	St. F X	3:54.5	31:16	5
6 Doucet, Emily 31:15.5 (31:15.5)	UNB Reds	3:54.5	31:16	6
7 Benoit, Eileen 31:17.5 (31:17.5)	St. F X	3:54.7	31:18	7
8 Canning, Mairin 31:25.3 (31:25.3)	St. F X	3:55.7	31:26	8
9 Martel, Eulalie 31:28.0 (31:28.0)	Sherbrooke	3:56.0	31:28	9
10 Mulligan, Waverley 31:33.4 (31:33.4)	Dalhousie Tigers	3:56.7	31:34	10
11 Rodrigues, Sierra 31:38.2 (31:38.2)	UNB Reds	3:57.3	31:39	11
12 Lewis, Abby 31:50.8 (31:50.8)	Athletics East	3:58.9	31:51	
13 Keefe, Danielle 31:57.7 (31:57.7)	Dalhousie Tigers	3:59.8	31:58	12
14 Cote-Allard, Alice 31:58.0 (31:58.0)	Laval Rouge-et-Or	3:59.8	31:58	13
15 Desautel, Mélanie 32:04.1 (32:04.1)	Sherbrooke	4:00.6	32:05	14
16 Lee, Caden 32:05.9 (32:05.9)	St. F X	4:00.8	32:06	15
17 Ash, Caroline 32:10.3 (32:10.3)	St. F X	4:01.3	32:11	16
18 Carreau, Eve 32:12.3 (32:12.3)	St. F X	4:01.6	32:13	17
19 Riopel, Camille 32:19.8 (32:19.8)	Laval Rouge-et-Or	4:02.5	32:20	18
20 Sandluck, Breanna 32:24.1 (32:24.1)	Unattached	4:03.1	32:25	
21 Thibault, Marick 32:25.1 (32:25.1)	UQTR Patriotes	4:03.2	32:26	19
22 Bishop, Hilary 32:25.2 (32:25.2)	UNB Reds	4:03.2	32:26	20
23 Caron, Audrey-Anne 32:31.8 (32:31.8)	Laval Rouge-et-Or	4:04.0	32:32	21
24 Castonguay-Girard, Élodie 32:41.7 (32:41.7)	Laval Rouge-et-Or	4:05.3	32:42	22
25 Hotton-Daigneault, Fanny 32:44.2 (32:44.2)	Laval Rouge-et-Or	4:05.6	32:45	

AUS-RSEQ Interlock Cross Country Championships - 2023-10-07**Hosted by University of New Brunswick****Kingswood Resort****Results****....Event 1 Women 8k Run CC**

26 Bernhard, Georgia	UNB Reds	4:05.8	32:47	23
32:46.3 (32:46.3)				
27 Kitchen, Mackenzie	Dalhousie Tigers	4:07.0	32:56	24
32:55.9 (32:55.9)				
28 Kingston, Renata	Dalhousie Tigers	4:07.2	32:58	25
32:57.1 (32:57.1)				
29 Stefanovich-Thomson, Ava	Acadia	4:07.4	32:59	26
32:58.8 (32:58.8)				
30 Hebert, Marie-Ange	Sherbrooke	4:07.5	33:00	27
32:59.7 (32:59.7)				
31 Kriebel, Eva (R)	Dalhousie Tigers	4:07.5	33:00	28
32:59.9 (32:59.9)				
32 Lavigne, Sabrina	Laval Rouge-et-Or	4:08.5	33:08	
33:08.0 (33:08.0)				
33 Heynemand, Laurianne	Sherbrooke	4:08.6	33:09	29
33:08.1 (33:08.1)				
34 Campbell, Ella	Acadia	4:09.3	33:14	30
33:13.8 (33:13.8)				
35 Moon, Poppy	Athletics East	4:09.4	33:15	
33:14.9 (33:14.9)				
36 Black, Maya	St. F X	4:09.6	33:17	31
33:16.6 (33:16.6)				
37 Levyssohn, Hannah	Moncton Aigles Bleu	4:09.7	33:18	32
33:17.2 (33:17.2)				
38 Pulfrey, Juliet (R)	Dalhousie Tigers	4:09.7	33:18	33
33:17.6 (33:17.6)				
39 Angona, Stefania	UPEI Panthers	4:10.3	33:23	34
33:22.2 (33:22.2)				
40 Dickinson, Laura	UNB Reds	4:10.8	33:26	35
33:25.7 (33:25.7)				
41 Richard, Katie	UPEI Panthers	4:11.3	33:31	36
33:30.1 (33:30.1)				
42 Mercier, Coralie (R)	Laval Rouge-et-Or	4:11.6	33:33	
33:32.1 (33:32.1)				
43 Azzaria, Viviane	Laval Rouge-et-Or	4:13.4	33:48	
33:47.2 (33:47.2)				
44 Bialowas, Ivy	UNB Reds	4:15.0	34:00	37
33:59.4 (33:59.4)				
45 O'Keefe, Laura	Memorial Sea-Hawks	4:15.3	34:03	38
34:02.2 (34:02.2)				
46 Tiede, Morgan (R)	UNB Reds	4:17.8	34:22	39
34:21.8 (34:21.8)				
47 Bouchard, Élodie (R)	Laval Rouge-et-Or	4:17.9	34:24	
34:23.1 (34:23.1)				
48 Meunier, Stéphanie	UQTR Patriotes	4:18.2	34:26	40
34:25.6 (34:25.6)				
49 Dagenais, Emy (R)	UQTR Patriotes	4:18.4	34:27	41
34:27.0 (34:27.0)				
50 Landry, Roxanne	Sherbrooke	4:18.8	34:30	42
34:29.8 (34:29.8)				
51 Normandin, Laurence	Laval Rouge-et-Or	4:19.1	34:33	
34:32.4 (34:32.4)				
52 Ross, Kristen	Dalhousie Tigers	4:19.4	34:35	43
34:34.5 (34:34.5)				

AUS-RSEQ Interlock Cross Country Championships - 2023-10-07**Hosted by University of New Brunswick****Kingswood Resort****Results****....Event 1 Women 8k Run CC**

53	Pert, Molly	Dalhousie Tigers	4:19.9	34:39	
	34:38.6 (34:38.6)				
54	Fulton-Kennedy, Caitlyn	Concordia Stingers	4:20.0	34:40	44
	34:39.6 (34:39.6)				
55	Mitha, Jasmine	Dalhousie Tigers	4:20.1	34:41	
	34:40.6 (34:40.6)				
56	Buchanan, Paris	Acadia	4:20.1	34:41	45
	34:40.7 (34:40.7)				
57	Macdonald, Aidan	Dalhousie Tigers	4:21.4	34:51	
	34:50.5 (34:50.5)				
58	Chafe, Maria	Memorial Sea-Hawks	4:22.7	35:02	46
	35:01.6 (35:01.6)				
59	MacLeod, Clementine (R)	Acadia	4:23.5	35:08	47
	35:07.7 (35:07.7)				
60	Goncalves, Ava (R)	UNB Reds	4:24.3	35:14	
	35:13.8 (35:13.8)				
61	Fullarton, Zoe	Dalhousie Tigers	4:24.7	35:18	
	35:17.5 (35:17.5)				
62	Watson, Sarah (R)	St. F X	4:26.0	35:28	
	35:27.4 (35:27.4)				
63	Allen, Madesan (R)	Acadia	4:26.9	35:36	48
	35:35.2 (35:35.2)				
64	Ward, Jordyn (R)	UPEI Panthers	4:27.9	35:44	49
	35:43.1 (35:43.1)				
65	Rotsaert-Smith, Quincy	St. F X	4:28.6	35:49	
	35:48.7 (35:48.7)				
66	Harris, Anna (R)	UPEI Panthers	4:28.8	35:51	50
	35:50.2 (35:50.2)				
67	Courchesne, Marie-Soleil	UQTR Patriotes	4:28.9	35:51	51
	35:51.0 (35:51.0)				
68	May, Halle	UNB Reds	4:29.1	35:53	
	35:52.3 (35:52.3)				
69	Cameron, Gael	St. Mary's	4:29.4	35:56	52
	35:55.1 (35:55.1)				
70	Kerr, Frankie	Unattached	4:30.4	36:04	
	36:03.2 (36:03.2)				
71	Campbell, Alexandra	St. Mary's	4:30.5	36:04	53
	36:04.0 (36:04.0)				
72	Stapleton, Darcie	Memorial Sea-Hawks	4:31.0	36:08	54
	36:07.3 (36:07.3)				
73	Wilkins, Ally (R)	Memorial Sea-Hawks	4:32.3	36:19	55
	36:18.3 (36:18.3)				
74	Jenkins, Ella	UPEI Panthers	4:34.8	36:38	56
	36:38.0 (36:38.0)				
75	Quinn, Paige (R)	St. F X	4:35.6	36:45	
	36:44.7 (36:44.7)				
76	Cox, Keeley	Memorial Sea-Hawks	4:36.0	36:48	57
	36:47.4 (36:47.4)				
77	Têtu, Élizabeth (R)	UQTR Patriotes	4:36.7	36:53	58
	36:53.0 (36:53.0)				
78	Gagnon, Maude	UQTR Patriotes	4:37.3	36:59	59
	36:58.2 (36:58.2)				
79	Robinson, Skye	Concordia Stingers	4:37.6	37:01	60
	37:00.8 (37:00.8)				

Results - Women

AUS-RSEQ Interlock Cross Country Championships - 2023-10-07**Hosted by University of New Brunswick****Kingswood Resort****Results****....Event 1 Women 8k Run CC**

1	Laval Rouge-et-Or	38	1	2	4	13	18	21	22
	Total Time: 2:36:22.00								
	Average: 31:16.40								
2	St. Francis Xavier X-Men/	51	5	7	8	15	16	17	31
	Total Time: 2:38:17.00								
	Average: 31:39.40								
3	Sherbrooke Vert-et-Or	82	3	9	14	27	29	42	
	Total Time: 2:40:28.00								
	Average: 32:05.60								
4	UNB Reds	95	6	11	20	23	35	37	39
	Total Time: 2:41:34.00								
	Average: 32:18.80								
5	Dalhousie Tigers	99	10	12	24	25	28	33	43
	Total Time: 2:42:26.00								
	Average: 32:29.20								
6	Acadia Axemen/Axewomen	196	26	30	45	47	48	61	62
	Total Time: 2:51:38.00								
	Average: 34:19.60								
7	UQTR Patriotes	209	19	40	41	51	58	59	66
	Total Time: 2:54:03.00								
	Average: 34:48.60								
8	UPEI Panthers	225	34	36	49	50	56	68	
	Total Time: 2:55:07.00								
	Average: 35:01.40								
9	Memorial Sea-Hawks	250	38	46	54	55	57	64	
	Total Time: 2:58:20.00								
	Average: 35:40.00								
10	Moncton Aigles Bleu	308	32	63	65	73	75		
11	Concordia Stingers	314	44	60	69	70	71	74	
	Total Time: 3:06:17.00								
	Average: 37:15.40								
12	St. Mary's University	319	52	53	67	72	75		