

17th Annual Rock River Run - 8/12/2023**8/12/2023****Results****Event 1 Women 18&U 5000 Meter Run**

Name	Age	Team	Finals	Points
Results - Women 18 & Under				
1 Miller, Olivia	17	Unattached	24:52.40	
2 Vande Waerdt, Ava	14	Unattached	26:30.60	
3 Engbers, Olivia	14	Unattached	32:46.10	
4 Engbers, Clara	12	Unattached	33:25.10	
5 Riebeling, Brooklyn	10	Unattached	36:54.00	

Event 1 Men 18&U 5000 Meter Run

Name	Age	Team	Finals	Points
Results - Men 18 & Under				
1 Vant Hul, Ethan	18	Unattached	22:14.50	
2 Pollems, Dawson	10	Unattached	25:26.00	
3 Blankespoor, Jonah	14	Unattached	27:08.30	
4 Vlastuin, Ian	12	Unattached	27:23.80	
5 Pickner, Jaxon	10	Unattached	28:39.90	
6 Kanoblock, Micah	12	Unattached	30:36.30	
7 Vlastuin, Asher	11	Unattached	36:54.90	

Event 1 Women 19-29 5000 Meter Run

Name	Age	Team	Finals	Points
Results - Women 19-29				
1 Vreugdenhil, Katlyn	23	Unattached	26:21.50	
2 Spaans, Melissa	25	Unattached	27:47.10	
3 Anderson, Makayla	28	Unattached	28:43.90	
4 Vander Waal, Kayla	27	Unattached	30:29.70	
5 Klaassen, Shanae	29	Unattached	30:37.60	
6 Knoblock, Adrienne	19	Unattached	30:41.60	
7 Vande Hoef, Kaylee	21	Unattached	30:58.20	
8 Van Roekel, Haley	21	Unattached	31:13.00	
9 Fick, Kalli	24	Unattached	33:37.80	
10 Huyser, Whitney	22	Unattached	38:05.60	
11 Van Beek, Amanda	26	Unattached	55:44.00	

Event 1 Men 19-29 5000 Meter Run

Name	Age	Team	Finals	Points
Results - Men 19-29				
1 Elbers, Carson	20	Unattached	18:44.30	
2 Zevenbergen, Cole	21	Unattached	19:53.80	
3 Palma, Julian	20	Unattached	21:53.20	
4 Vande Griend, Nolan	24	Unattached	23:58.20	
5 Post, Evan	27	Unattached	27:08.80	

17th Annual Rock River Run - 8/12/2023**8/12/2023****Results****Event 1 Women 30-39 5000 Meter Run**

Name	Age	Team	Finals	Points
Results - Women 30-39				
1 Rummel, Gina	36	Unattached	22:02.80	
2 TenClay, Megan	35	Unattached	26:40.80	
3 Van Den Top, Joanna	32	Unattached	27:43.20	
4 Pickner, Shawna	39	Unattached	29:30.60	
5 Seivert, Lyndsay	35	Unattached	29:48.00	
6 Fluit, Krysta	34	Unattached	30:29.70	
7 Moser, Kara	34	Unattached	32:17.10	
8 Van Roekel, Katlyn	33	Unattached	33:01.20	
9 Bakker, Kelsi	30	Unattached	34:08.30	
10 Van Hill, Jill	33	Unattached	36:15.50	

Event 1 Men 30-39 5000 Meter Run

Name	Age	Team	Finals	Points
Results - Men 30-39				
1 Lyon, Blake	36	Unattached	23:44.20	
2 Engbers, Jon	39	Unattached	24:07.80	
3 Vande Waerdt, Paul	37	Unattached	26:40.90	
4 Vlastuin, Jason	36	Unattached	42:43.00	

Event 1 Women 40-49 5000 Meter Run

Name	Age	Team	Finals	Points
Results - Women 40-49				
1 Blankespoor, Wendy	43	Unattached	26:28.00	
2 Netten, Dawn	42	Unattached	28:24.00	
3 Van Der Weide, Laura	40	Unattached	36:16.20	

Event 1 Men 40-49 5000 Meter Run

Name	Age	Team	Finals	Points
Results - Men 40-49				
1 Vande Waerdt, Nick	40	Unattached	27:35.00	

Event 1 Women 50-59 5000 Meter Run

Name	Age	Team	Finals	Points
Results - Women 50-59				
1 Van Heuvelen, Lisa	53	Unattached	26:17.70	
2 Post, Ruth	52	Unattached	27:55.10	
3 Vanden Bos, Rachelle	52	Unattached	29:30.10	
4 Kuiper, Deb	53	Unattached	1:01:41.00	

17th Annual Rock River Run - 8/12/2023**8/12/2023****Results****Event 1 Men 50-59 5000 Meter Run**

Name	Age	Team	Finals	Points
Results - Men 50-59				
1 Baker, Jeff	51	Unattached	29:23.70	

Event 1 Women 60+ 5000 Meter Run

Name	Age	Team	Finals	Points
Results - Women 60+				
1 Spaans, Shirley	62	Unattached	55:44.00	
2 Wesselink, Doris	85	Unattached	1:01:41.00	

Event 1 Men 60+ 5000 Meter Run

Name	Age	Team	Finals	Points
Results - Men 60+				
1 Burns, Daniel	65	Unattached	30:19.80	