

Section 5A True Team
Sauk Center - 5/9/2023
Results

Event 101 Girls 4x800 Meter Relay

Team		Relay	Finals
Finals			
1	Minnewaska Area		10:40.96
2	Sauk Centre		11:13.62
3	Paynesville		11:35.40
4	Holdingford		11:39.56
5	St. Cloud Christian		11:43.86
6	St. John's Prep		11:46.19
7	Morris Area/Chokio-Alberta		12:12.26

Section 5A True Team
Sauk Center - 5/9/2023
Results

Event 102 Boys 4x800 Meter Relay

Team		Relay	Finals
Finals			
1	St. John's Prep		8:25.81
2	Minnewaska Area		8:33.58
3	Sauk Centre		8:52.40
4	Montevideo		9:02.87
5	Holdingford		9:19.66
6	Royalton		9:23.23
7	Morris Area/Chokio-Alberta		9:24.51
8	St. Cloud Christian		9:35.73

Section 5A True Team
Sauk Center - 5/9/2023
Results

Event 103 Girls 100 Meter Hurdles

	Name	Yr	School	Finals	H#
Finals					
1	31 Rilee Breth	9	Holdingford	16.52	1
2	87 Chesney Phillip	12	Holdingford	17.28	3
3	308 Finley Anfinson	10	Paynesville	17.37	3
4	352 Rebekah Walz	12	Paynesville	17.94	2
5	222 Brenna Winters	11	Montevideo	18.54	2
6	274 Isabelle Motz	9	Morris Area/Chokio-Alberta	18.70	1
7	404 Kenna Crider	8	Sauk Centre	18.72	1
8	150 Brooklyn Meyer	11	Minnewaska Area	19.63	3
9	360 Baley Bueckers	11	Royalton	19.67	1
10	214 Alanya Stenson	11	Montevideo	20.05	3
11	164 Lyla Stadtherr	9	Minnewaska Area	20.10	1
12	413 Brianna Hansen	8	Sauk Centre	20.24	3
13	275 Allison Nohl	9	Morris Area/Chokio-Alberta	20.31	2

Section 5A True Team
Sauk Center - 5/9/2023
Results

Event 104 Boys 110 Meter Hurdles

	Name	Yr	School	Finals	H#
Finals					
1	202 Jacob Ochsendorf	11	Montevideo	16.06	2
2	419 Aaron Kerfeld	12	Sauk Centre	16.25	1
3	92 Gavin Sales	9	Holdingford	16.83	1
4	430 Spencer Marthaler	12	Sauk Centre	17.12	2
5	303 Derek Waldbeser	11	Morris Area/Chokio-Alberta	17.33	1
6	385 James Vannurden	12	Royalton	17.56	1
7	149 Owen Meulebroeck	10	Minnewaska Area	17.69	2
8	276 Lewis Nohl	12	Morris Area/Chokio-Alberta	17.77	2
9	163 Hunter Stadsvold	11	Minnewaska Area	18.22	3
10	180 Devin Ashling	11	Montevideo	18.44	1
11	63 Grant Krattenmaker	8	Holdingford	19.61	2

Section 5A True Team
Sauk Center - 5/9/2023
Results

Event 105 Girls 100 Meter Dash

	Name	Yr	School	Finals	H#
Finals					
1	249 Lydia Fynboh	12	Morris Area/Chokio-Alberta	12.80	1
2	317 Brooklyn Frank	10	Paynesville	13.00	1
3	327 Cloey Kolb	9	Paynesville	13.21	2
4	378 Lydia Prokott	9	Royalton	13.23	3
5	146 Mya Lindemann	12	Minnewaska Area	13.41	2
6	376 Claire Prokott	11	Royalton	13.44	2
7	466 Nya Thieschafer	9	Sauk Centre	13.58	3
8	100 Abby Streit	12	Holdingford	13.64	1
9	131 Dacia Fleury	10	Minnewaska Area	13.70	3
10	72 Madison Mitchell	11	Holdingford	13.97	3
11	465 Nina Thieschafer	11	Sauk Centre	13.98	2
12	299 Ruby Swenson	11	Morris Area/Chokio-Alberta	14.16	2
13	192 Maggie Kling	11	Montevideo	14.85	2
14	480 Delaney Dyer	10	St. Cloud Christian	15.21	1
15	187 Kiera Foley	11	Montevideo	15.33	1
16	486 Megan Madsen	8	St. Cloud Christian	15.43	2

Section 5A True Team
Sauk Center - 5/9/2023
Results

Event 106 Boys 100 Meter Dash

	Name	Yr	School	Finals	H#
Finals					
1	82 Connor Patrick	12	Holdingford	11.55	1
2	414 Alex Helgeson	8	Sauk Centre	11.84	3
2	190 Fox Huber	12	Montevideo	11.84	3
4	68 Antanas Martinaitis	11	Holdingford	11.91	3
5	454 Jeric Schloegl	10	Sauk Centre	11.98	2
6	115 Asante Adams	9	Minnewaska Area	12.00	1
7	314 Marc Davis	12	Paynesville	12.08	1
8	151 Carter Meyer	10	Minnewaska Area	12.12	3
9	196 Sergio Matamoros	11	Montevideo	12.40	1
10	322 Brysen Hiltner	10	Paynesville	12.71	2
11	285 Vladmir Rosillo Lara	12	Morris Area/Chokio-Alberta	13.30	3
12	488 Kris Neupauer	8	St. Cloud Christian	13.58	2
13	492 Miles Rassier	7	St. Cloud Christian	13.75	1
14	231 Leo Boese	10	Morris Area/Chokio-Alberta	14.09	2
15	374 Kyler Panek	12	Royalton	14.20	1
16	363 Taylor Gleisner	7	Royalton	15.14	2

Section 5A True Team
Sauk Center - 5/9/2023
Results

Event 107 Girls 4x200 Meter Relay

Team		Relay	Finals	H#
Finals				
1	Minnewaska Area		1:52.40	2
2	Paynesville		1:53.13	2
3	Sauk Centre		1:53.34	1
4	Holdingford		1:53.57	2
5	Morris Area/Chokio-Alberta		1:57.60	1
6	Montevideo		1:57.97	1
7	St. Cloud Christian		2:02.66	1

Section 5A True Team
Sauk Center - 5/9/2023
Results

Event 108 Boys 4x200 Meter Relay

Team		Relay	Finals	H#
Finals				
1	Montevideo		1:35.52	2
2	Sauk Centre		1:36.20	1
3	Holdingford		1:36.94	2
4	Minnewaska Area		1:37.20	2
5	Morris Area/Chokio-Alberta		1:37.96	1
6	Paynesville		1:40.77	1
7	Royalton		1:46.99	1

Section 5A True Team
Sauk Center - 5/9/2023
Results

Event 109 Girls 1600 Meter Run

Name		Yr	School	Finals
Finals				
1	355 Madison Wendlandt	10	Paynesville	5:29.19
2	307 Hailey Werk	11	Morris Area/Chokio-Alberta	5:33.22
3	338 Grace Roberg	10	Paynesville	5:38.79
4	119 Lauryn Ankeny	9	Minnewaska Area	5:39.81
5	129 Olivia Danielson	9	Minnewaska Area	5:56.90
6	247 Kendal Fischer	8	Morris Area/Chokio-Alberta	6:03.03
7	439 Alivia Nathe	9	Sauk Centre	6:05.92
8	496 Mallory White	7	St. Cloud Christian	6:06.97
9	28 Ella Benson	8	Holdingford	6:08.64
10	447 Francesca Rivers	11	Sauk Centre	6:09.55
11	79 Ruby Opatz	10	Holdingford	6:19.96
12	478 Josie Dinger	10	St. Cloud Christian	6:27.15
13	502 Sarah Bolton	10	St. John's Prep	6:51.01
14	370 Arianne Norberg	11	Royalton	8:11.04

Section 5A True Team
Sauk Center - 5/9/2023
Results

Event 110 Boys 1600 Meter Run

Name		Yr	School	Finals
Finals				
1	418 Brandon Kampsen	12	Sauk Centre	4:38.33
2	50 Dawson Hofer	8	Holdingford	4:47.87
3	83 Aiden Pellett	11	Holdingford	4:48.64
4	179 Brady Andrews	12	Montevideo	4:49.73
5	543 Will Vix	9	St. John's Prep	4:51.45
6	479 Silas Dinger	12	St. Cloud Christian	4:54.37
7	420 Jackson Kerfeld	9	Sauk Centre	5:09.67
8	120 Nick Ankeny	12	Minnewaska Area	5:11.05
9	178 Blake Andrews	10	Montevideo	5:13.81
10	157 Zachary Palmer	10	Minnewaska Area	5:14.80
11	296 Gavin Stallman	12	Morris Area/Chokio-Alberta	5:15.48
12	362 Wyatt Gerads	10	Royalton	5:21.73
13	235 Jacob Buhl	10	Morris Area/Chokio-Alberta	5:22.86
14	476 Samuel Busch	9	St. Cloud Christian	5:32.23
15	337 Lathan Rien	8	Paynesville	5:59.02
16	371 Ben Novak	7	Royalton	6:03.14
---	345 Tyler Schwandt	9	Paynesville	DNF

Section 5A True Team
Sauk Center - 5/9/2023
Results

Event 111 Girls 4x100 Meter Relay

Team		Relay	Finals	H#
Finals				
1	Paynesville		53.00	2
2	Holdingford		53.43	1
3	Morris Area/Chokio-Alberta		53.83	1
4	Minnewaska Area		53.86	2
5	Royalton		53.91	1
6	Montevideo		56.53	1
7	Sauk Centre		58.30	1
8	St. Cloud Christian		1:03.41	2

Section 5A True Team
Sauk Center - 5/9/2023
Results

Event 112 Boys 4x100 Meter Relay

Team		Relay	Finals	H#
Finals				
1	Sauk Centre		45.74	1
2	Montevideo		45.96	1
3	Minnewaska Area		46.36	1
4	Holdingford		46.47	1
5	Morris Area/Chokio-Alberta		49.07	2
6	Royalton		52.05	2
7	Paynesville		1:01.35	1

Section 5A True Team
Sauk Center - 5/9/2023
Results

Event 113 Girls 400 Meter Dash

	Name	Yr	School	Finals	H#
Finals					
1	147 McKenzie Luetmer	12	Minnewaska Area	1:01.34	2
2	42 Maggie Gross	8	Holdingford	1:02.99	3
3	456 Madelyn Schuster	10	Sauk Centre	1:03.08	2
4	166 Teagan Stark	11	Minnewaska Area	1:03.94	3
5	453 Stella Schirmers	11	Sauk Centre	1:06.42	1
6	61 Kylee Konsor	8	Holdingford	1:06.59	2
7	493 Ellie Rolfzen	8	St. Cloud Christian	1:08.63	3
8	347 Rayna Spanier	10	Paynesville	1:08.81	2
9	244 Chloe Fehr	8	Morris Area/Chokio-Alberta	1:08.90	2
10	483 Kylee Kron	7	St. Cloud Christian	1:09.30	1
11	290 Hana Schutz	10	Morris Area/Chokio-Alberta	1:09.34	1
12	316 Lauren Ellefson	7	Paynesville	1:10.29	3
13	530 Lizzeth Rodriguez-Aviles	11	St. John's Prep	1:11.08	1
14	189 Nevaeh Halvereon	11	Montevideo	1:13.43	1
15	388 Kylie Waytashek	11	Royalton	1:14.28	1
16	367 Kaylee Hoheisel	7	Royalton	1:23.15	2

Section 5A True Team
Sauk Center - 5/9/2023
Results

Event 114 Boys 400 Meter Dash

	Name	Yr	School	Finals	H#
Finals					
1	168 Maeson Tank	11	Minnewaska Area	51.21	1
2	82 Connor Patrick	12	Holdingford	53.80	1
3	38 Garrett Frink	10	Holdingford	53.86	2
4	396 Reese Blondin	12	Sauk Centre	53.95	3
5	459 Derick Sorenson	12	Sauk Centre	54.10	2
6	232 Blake Bruns	12	Morris Area/Chokio-Alberta	54.12	2
7	379 Chaz Psyck	9	Royalton	55.06	3
8	329 Carter Lieser	12	Paynesville	55.08	1
9	200 Adrian Norman	11	Montevideo	55.42	3
10	177 Ethan Andresen	10	Montevideo	56.14	1
11	380 Eli Psyck	11	Royalton	56.19	1
12	270 Noah Malek	11	Morris Area/Chokio-Alberta	56.92	3
13	141 Hunter Kloos	12	Minnewaska Area	57.76	2
14	541 Cameron Thompson	12	St. John's Prep	59.29	1
15	488 Kris Neupauer	8	St. Cloud Christian	1:01.58	2
16	494 Micah Schneider	9	St. Cloud Christian	1:02.22	1

Section 5A True Team
Sauk Center - 5/9/2023
Results

Event 115 Girls 300 Meter Hurdles

	Name	Yr	School	Finals	H#
Finals					
1	119 Lauryn Ankeny	9	Minnewaska Area	48.84	1
2	31 Rilee Breth	9	Holdingford	49.71	2
3	87 Chesney Phillip	12	Holdingford	50.47	3
4	256 Heika Hall	8	Morris Area/Chokio-Alberta	50.63	1
5	446 Mackenzie Ritter	11	Sauk Centre	50.67	2
6	131 Dacia Fleury	10	Minnewaska Area	50.68	2
7	348 Kyleigh Tangen	12	Paynesville	50.78	1
8	308 Finley Anfinson	10	Paynesville	51.28	3
9	275 Allison Nohl	9	Morris Area/Chokio-Alberta	55.43	2
10	214 Alanya Stenson	11	Montevideo	59.12	1
11	431 Victoria Marthaler	11	Sauk Centre	59.53	1

Section 5A True Team
Sauk Center - 5/9/2023
Results

Event 116 Boys 300 Meter Hurdles

Name		Yr	School	Finals	H#
Finals					
1	419 Aaron Kerfeld	12	Sauk Centre	42.50	2
2	149 Owen Meulebroeck	10	Minnewaska Area	43.47	2
3	430 Spencer Marthaler	12	Sauk Centre	43.58	1
4	202 Jacob Ochsendorf	11	Montevideo	43.96	3
5	163 Hunter Stadsvold	11	Minnewaska Area	45.45	1
6	251 Grayson Gibson	9	Morris Area/Chokio-Alberta	45.71	3
7	276 Lewis Nohl	12	Morris Area/Chokio-Alberta	45.96	2
8	41 Carter Gross	10	Holdingford	46.03	1
9	63 Grant Krattenmaker	8	Holdingford	46.30	3
10	181 Carson Boike	11	Montevideo	47.55	1
11	481 Cole Johnston	8	St. Cloud Christian	1:02.93	2

Section 5A True Team
Sauk Center - 5/9/2023
Results

Event 117 Girls 800 Meter Run

Name		Yr	School	Finals
Finals				
1	526 Olivia Pauly	11	St. John's Prep	2:24.10
2	143 Brooke Kolstoe	12	Minnewaska Area	2:36.17
3	71 Carly Mitchell	8	Holdingford	2:37.05
4	127 Esryn Dahl	8	Minnewaska Area	2:38.54
5	338 Grace Roberg	10	Paynesville	2:39.24
6	429 Olivia Marsh	9	Sauk Centre	2:39.72
7	247 Kendal Fischer	8	Morris Area/Chokio-Alberta	2:42.46
8	471 Julia Wehrman	9	Sauk Centre	2:43.57
9	335 Gabby Miller	8	Paynesville	2:45.44
10	74 Jada Mosey	11	Holdingford	2:45.47
11	261 Ashley Koehl	11	Morris Area/Chokio-Alberta	2:50.37
12	381 Abigail Roering	9	Royalton	2:54.79

Section 5A True Team
Sauk Center - 5/9/2023
Results

Event 118 Boys 800 Meter Run

	Name	Yr	School	Finals	H#
Finals					
1	418 Brandon Kampsen	12	Sauk Centre	1:55.83	1
2	168 Maeson Tank	11	Minnewaska Area	2:02.69	1
3	83 Aiden Pellett	11	Holdingford	2:05.34	2
4	426 Nathaniel Lahr	12	Sauk Centre	2:05.58	2
5	50 Dawson Hofer	8	Holdingford	2:09.04	1
6	219 Adam VanBinsbergen	8	Montevideo	2:11.94	1
7	172 James Ward	12	Minnewaska Area	2:12.52	2
8	220 Nelson Velasquez	10	Montevideo	2:14.92	2
9	485 Landon Lowe	8	St. Cloud Christian	2:19.77	1
10	543 Will Vix	9	St. John's Prep	2:21.58	1
11	351 Noah Voss	11	Paynesville	2:22.26	1
12	391 Michael Zimmerman	12	Royalton	2:23.06	1
13	235 Jacob Buhl	10	Morris Area/Chokio-Alberta	2:24.69	1
14	241 Charlie DeNeui	9	Morris Area/Chokio-Alberta	2:24.73	2
15	494 Micah Schneider	9	St. Cloud Christian	2:31.12	2
16	337 Lathan Rien	8	Paynesville	2:49.32	2
17	372 Christopher Novak	12	Royalton	2:58.03	2

Section 5A True Team
Sauk Center - 5/9/2023
Results

Event 119 Girls 200 Meter Dash

	Name	Yr	School	Finals	H#
Finals					
1	327 Cloey Kolb	9	Paynesville	26.46	2
2	147 McKenzie Luetmer	12	Minnewaska Area	26.78	3
3	387 Aurora Walberg	10	Royalton	27.25	3
4	100 Abby Streit	12	Holdingford	27.64	2
5	166 Teagan Stark	11	Minnewaska Area	27.68	2
6	317 Brooklyn Frank	10	Paynesville	27.74	3
7	466 Nya Thieschafer	9	Sauk Centre	27.84	3
7	378 Lydia Prokott	9	Royalton	27.84	2
9	72 Madison Mitchell	11	Holdingford	28.22	1
10	254 Isabel Guerra	10	Morris Area/Chokio-Alberta	28.82	2
11	465 Nina Thieschafer	11	Sauk Centre	29.00	1
12	199 Jessa Norby	9	Montevideo	29.74	1
13	480 Delaney Dyer	10	St. Cloud Christian	30.51	1
14	483 Kylee Kron	7	St. Cloud Christian	31.01	3
15	288 Lola Schmidgall	7	Morris Area/Chokio-Alberta	31.04	1
16	530 Lizzeth Rodriquez-Aviles	11	St. John's Prep	31.84	1
17	218 Emily Valenzuela	10	Montevideo	35.47	2

Section 5A True Team
Sauk Center - 5/9/2023
Results

Event 120 Boys 200 Meter Dash

	Name	Yr	School	Finals	H#
Finals					
1	82 Connor Patrick	12	Holdingford	23.00	3
2	212 Edan Smith	11	Montevideo	23.31	2
3	68 Antanas Martinaitis	11	Holdingford	23.83	2
4	412 David Gilmore	9	Sauk Centre	23.92	1
5	414 Alex Helgeson	8	Sauk Centre	24.18	2
6	190 Fox Huber	12	Montevideo	24.26	1
7	115 Asante Adams	9	Minnewaska Area	24.39	2
8	314 Marc Davis	12	Paynesville	24.59	1
9	232 Blake Bruns	12	Morris Area/Chokio-Alberta	25.04	2
10	137 Josh Hippe	10	Minnewaska Area	25.17	3
11	270 Noah Malek	11	Morris Area/Chokio-Alberta	25.64	3
12	326 Preston Kascht	9	Paynesville	25.75	3
13	541 Cameron Thompson	12	St. John's Prep	27.10	1
14	492 Miles Rassier	7	St. Cloud Christian	27.82	1
15	363 Taylor Gleisner	7	Royalton	31.26	1
16	384 Gavin Skaja	7	Royalton	31.32	2

Section 5A True Team
Sauk Center - 5/9/2023
Results

Event 121 Girls 3200 Meter Run

Name		Yr	School	Finals
Finals				
1	355 Madison Wendlandt	10	Paynesville	12:08.98
2	307 Hailey Werk	11	Morris Area/Chokio-Alberta	12:25.47
3	133 Elsev Hagen	12	Minnewaska Area	12:46.10
4	174 Kiearra Wilmes	12	Minnewaska Area	12:55.62
5	75 Loretta Mroska	9	Holdingford	12:56.31
6	458 Raya Sebek	11	Sauk Centre	13:50.68
7	48 Neila Hartung	8	Holdingford	13:54.70
8	464 Alyssa Tegels	8	Sauk Centre	14:07.31
9	319 Paige Frenchick	11	Paynesville	14:33.70
10	475 Ava Joy Brophy	8	St. Cloud Christian	15:10.62
11	280 Alayna Perkins	8	Morris Area/Chokio-Alberta	15:29.18

Section 5A True Team
Sauk Center - 5/9/2023
Results

Event 122 Boys 3200 Meter Run

Name		Yr	School	Finals
Finals				
1	406 Jacob Drevlow	9	Sauk Centre	10:34.41
2	179 Brady Andrews	12	Montevideo	11:02.82
3	472 Logan Wiehoff	8	Sauk Centre	11:08.31
4	90 Lucas Provo	12	Holdingford	11:16.35
5	195 Carson Lynner	11	Montevideo	11:17.41
6	490 Hunter Rademacher	8	St. Cloud Christian	11:21.11
7	157 Zachary Palmer	10	Minnewaska Area	11:34.01
8	373 Lane Olson	10	Royalton	11:34.94
9	59 Owen Klish	10	Holdingford	11:41.41
10	152 Ian Mills	10	Minnewaska Area	11:52.10
11	522 Lane McIntyre	9	St. John's Prep	11:56.97
12	282 Carlos Rivera	11	Morris Area/Chokio-Alberta	11:57.30
13	477 Everett Coran	10	St. Cloud Christian	12:02.96
14	297 Grady Stallman	10	Morris Area/Chokio-Alberta	12:07.46
15	372 Christopher Novak	12	Royalton	15:57.42

Section 5A True Team
Sauk Center - 5/9/2023
Results

Event 123 Girls 4x400 Meter Relay

Team		Relay	Finals
Finals			
1	Minnewaska Area		4:15.83
2	Holdingford		4:18.50
3	Sauk Centre		4:23.20
4	Paynesville		4:27.06
5	Morris Area/Chokio-Alberta		4:43.74
6	Montevideo		4:47.23

Section 5A True Team
Sauk Center - 5/9/2023
Results

Event 124 Boys 4x400 Meter Relay

Team		Relay	Finals
Finals			
1	Sauk Centre		3:31.82
2	Holdingford		3:34.77
3	Montevideo		3:46.78
4	Minnewaska Area		3:50.51
5	Royalton		4:00.00
6	Morris Area/Chokio-Alberta		4:10.05
7	St. Cloud Christian		4:15.37

Section 5A True Team
Sauk Center - 5/9/2023
Results

Event 125 Girls Long Jump

	Name	Yr	School	Finals	
Finals					
1	327 Cloey Kolb	9	Paynesville	16-06.75	2
2	31 Rilee Breth	9	Holdingford	16-05.50	1
3	71 Carly Mitchell	8	Holdingford	16-03.25	2
4	186 Teagan Epema	10	Montevideo	15-09.25	1
5	465 Nina Thieschafer	11	Sauk Centre	15-08.25	1
6	466 Nya Thieschafer	9	Sauk Centre	15-02.00	2
7	389 Haylie Wolbeck	9	Royalton	15-01.25	2
8	376 Claire Prokott	11	Royalton	14-09.25	1
9	161 Alia Randt	9	Minnewaska Area	14-08.75	1
10	119 Lauryn Ankeny	9	Minnewaska Area	14-08.25	2
11	274 Isabelle Motz	9	Morris Area/Chokio-Alberta	14-02.50	1
12	288 Lola Schmidgall	7	Morris Area/Chokio-Alberta	14-00.00	2
13	347 Rayna Spanier	10	Paynesville	13-11.00	1
14	493 Ellie Rolfzen	8	St. Cloud Christian	13-00.75	1
15	496 Mallory White	7	St. Cloud Christian	12-01.50	2

Section 5A True Team
Sauk Center - 5/9/2023
Results

Event 126 Boys Long Jump

	Name	Yr	School	Finals	
Finals					
1	82 Connor Patrick	12	Holdingford	20-03.00	1
2	385 James Vannurden	12	Royalton	19-09.00	2
3	393 Ben Anderson	12	Sauk Centre	19-01.00	1
4	322 Brysen Hiltner	10	Paynesville	18-10.50	1
5	432 Corey McCoy	12	Sauk Centre	18-03.25	2
6	202 Jacob Ochsendorf	11	Montevideo	18-02.25	1
7	38 Garrett Frink	10	Holdingford	18-00.75	2
8	117 Blake Andreas	12	Minnewaska Area	17-10.75	2
9	314 Marc Davis	12	Paynesville	17-07.25	2
10	184 Tosten Christenson	9	Montevideo	17-02.75	2
11	538 Liam Spychala	10	St. John's Prep	17-02.00	1
12	304 Kendall Waldbeser	9	Morris Area/Chokio-Alberta	17-00.00	1
13	134 Kaiden Harvey	10	Minnewaska Area	16-09.75	1
14	386 Max Vannurden	8	Royalton	16-04.75	1
15	477 Everett Coran	10	St. Cloud Christian	16-01.75	2
16	235 Jacob Buhl	10	Morris Area/Chokio-Alberta	15-10.00	2
17	15 Taylor Pieper	9	Belgrade-Brooten-Elrosa	15-05.50	1
18	492 Miles Rassier	7	St. Cloud Christian	13-11.75	1

Section 5A True Team
Sauk Center - 5/9/2023
Results

Event 127 Girls Triple Jump

Name		Yr	School	Finals	
Finals					
1	390 Mya Yourczek	12	Royalton	34-04.25	1
2	147 McKenzie Luetmer	12	Minnewaska Area	32-07.50	2
3	131 Dacia Fleury	10	Minnewaska Area	32-00.25	1
4	42 Maggie Gross	8	Holdingford	31-11.25	2
5	289 Mya Schmidgall	10	Morris Area/Chokio-Alberta	30-06.00	2
6	347 Rayna Spanier	10	Paynesville	30-05.50	2
7	328 Tessa Libbesmeier	10	Paynesville	30-01.00	1
8	435 Brianna Middendorf	9	Sauk Centre	29-11.00	1
9	222 Brenna Winters	11	Montevideo	29-09.25	1
10	255 Hazel Hall	8	Morris Area/Chokio-Alberta	29-05.50	1
11	411 Ava Friedrichs	11	Sauk Centre	27-06.50	2
12	546 Izzy Westling	9	St. John's Prep	27-02.50	2
13	93 Kirstyn Sand	11	Holdingford	27-00.75	1
14	1 Maddy Carroll	11	Belgrade-Brooten-Elrosa	25-07.00	1
15	484 Faith Legatt	9	St. Cloud Christian	21-10.50	1
16	501 Lucy Bechtold	7	St. John's Prep	21-02.75	1

Section 5A True Team
Sauk Center - 5/9/2023
Results

Event 128 Boys Triple Jump

Name		Yr	School	Finals	
Finals					
1	385 James Vannurden	12	Royalton	40-10.50	1
2	426 Nathaniel Lahr	12	Sauk Centre	39-03.50	1
3	393 Ben Anderson	12	Sauk Centre	38-01.50	2
4	117 Blake Andreas	12	Minnewaska Area	37-06.00	1
5	538 Liam Spychala	10	St. John's Prep	37-01.50	1
6	134 Kaiden Harvey	10	Minnewaska Area	36-03.75	2
7	181 Carson Boike	11	Montevideo	36-03.25	1
8	180 Devin Ashling	11	Montevideo	36-02.50	2
9	92 Gavin Sales	9	Holdingford	35-04.75	1
10	386 Max Vannurden	8	Royalton	35-03.00	2
11	45 Jeffrey Hall	11	Holdingford	35-02.50	2
12	304 Kendall Waldbeser	9	Morris Area/Chokio-Alberta	34-11.00	2
13	351 Noah Voss	11	Paynesville	34-09.00	2
14	476 Samuel Busch	9	St. Cloud Christian	31-00.50	2
---	235 Jacob Buhl	10	Morris Area/Chokio-Alberta	ND	1

Section 5A True Team
Sauk Center - 5/9/2023
Results

Event 129 Girls High Jump

Name		Yr	School	Finals
Finals				
1	387 Aurora Walberg	10	Royalton	5-02.00
2	87 Chesney Phillip	12	Holdingford	4-10.00
3	389 Haylie Wolbeck	9	Royalton	4-10.00
4	348 Kyleigh Tangen	12	Paynesville	4-08.00
5	155 Phemie Oeltjen	9	Minnewaska Area	4-08.00
6	289 Mya Schmidgall	10	Morris Area/Chokio-Alberta	4-06.00
6	444 Brooke Rieland	11	Sauk Centre	4-06.00
6	100 Abby Streit	12	Holdingford	4-06.00
9	453 Stella Schirmers	11	Sauk Centre	4-06.00
10	308 Finley Anfinson	10	Paynesville	4-06.00
11	507 Lizzy Diethelm	10	St. John's Prep	4-04.00
11	19 Tiwana Schwinghammer	12	Belgrade-Brooten-Elrosa	4-04.00
13	143 Brooke Kolstoe	12	Minnewaska Area	4-04.00
14	256 Heika Hall	8	Morris Area/Chokio-Alberta	4-02.00
15	523 Miranda Meyer	11	St. John's Prep	4-02.00
---	24 Kylie Zins	9	Belgrade-Brooten-Elrosa	NH

Section 5A True Team
Sauk Center - 5/9/2023
Results

Event 130 Boys High Jump

Name		Yr	School	Finals
Finals				
1	385 James Vannurden	12	Royalton	6-02.00
2	386 Max Vannurden	8	Royalton	5-10.00
3	180 Devin Ashling	11	Montevideo	5-06.00
4	448 Jacob Robischon	11	Sauk Centre	5-04.00
4	41 Carter Gross	10	Holdingford	5-04.00
6	405 Andrew Drevlow	11	Sauk Centre	5-04.00
7	284 Jorge Rodrigues	9	Morris Area/Chokio-Alberta	5-02.00
8	251 Grayson Gibson	9	Morris Area/Chokio-Alberta	5-02.00
9	172 James Ward	12	Minnewaska Area	5-00.00
10	45 Jeffrey Hall	11	Holdingford	4-10.00
11	176 Hensel Andino	10	Montevideo	4-06.00
---	128 Mason Danielson	9	Minnewaska Area	NH

Section 5A True Team
Sauk Center - 5/9/2023
Results

Event 131 Girls Pole Vault

Name		Yr	School	Finals
Finals				
1	352 Rebekah Walz	12	Paynesville	10-00.00
2	123 Lexi Bosek	10	Minnewaska Area	8-00.00
3	155 Phemie Oeltjen	9	Minnewaska Area	7-06.00
4	290 Hana Schutz	10	Morris Area/Chokio-Alberta	7-00.00
4	46 Kenzie Harren	9	Holdingford	7-00.00
6	447 Francesca Rivers	11	Sauk Centre	6-06.00
6	309 McKenna Barten	9	Paynesville	6-06.00
8	33 Angelica Diakite	9	Holdingford	6-00.00
9	411 Ava Friedrichs	11	Sauk Centre	5-00.00
9	187 Kiera Foley	11	Montevideo	5-00.00
9	222 Brenna Winters	11	Montevideo	5-00.00
---	254 Isabel Guerra	10	Morris Area/Chokio-Alberta	NH

Section 5A True Team
Sauk Center - 5/9/2023
Results

Event 132 Boys Pole Vault

Name		Yr	School	Finals
Finals				
1	197 Braden Nelson	11	Montevideo	11-06.00
2	270 Noah Malek	11	Morris Area/Chokio-Alberta	10-00.00
3	180 Devin Ashling	11	Montevideo	10-00.00
4	448 Jacob Robischon	11	Sauk Centre	9-06.00
5	145 Jayce Kovarik	11	Minnewaska Area	9-06.00
5	251 Grayson Gibson	9	Morris Area/Chokio-Alberta	9-06.00
7	27 Mason Bengston	11	Holdingford	9-00.00
8	326 Preston Kascht	9	Paynesville	9-00.00
9	43 Broden Gustafson	9	Holdingford	8-06.00
10	167 Conner Stein	12	Minnewaska Area	8-00.00
11	345 Tyler Schwandt	9	Paynesville	7-00.00
11	401 Owen Christians	12	Sauk Centre	7-00.00

Section 5A True Team
Sauk Center - 5/9/2023
Results

Event 133 Girls Shot Put

	Name	Yr	School	Finals	
Finals					
1	144 Jayda Kolstoe	9	Minnewaska Area	36-09.00	2
2	390 Mya Yourczek	12	Royalton	34-03.00	2
3	416 Alicia Jennissen	12	Sauk Centre	34-03.00	1
4	349 Katie Uhlenkamp	12	Paynesville	33-07.00	1
5	51 Makenna Hohbein	11	Holdingford	32-03.00	1
6	341 Alivia Schaefer	8	Paynesville	31-04.00	2
7	245 Maddie Fehr	10	Morris Area/Chokio-Alberta	29-04.00	1
8	89 Addison Pilarski	10	Holdingford	28-08.00	2
9	204 Elizabeth O'Malley	9	Montevideo	28-07.00	1
10	428 Carmen Loxtercamp	11	Sauk Centre	28-04.00	2
11	129 Olivia Danielson	9	Minnewaska Area	28-00.00	1
12	287 Britta Schmidgall	10	Morris Area/Chokio-Alberta	27-04.00	2
13	214 Alanya Stenson	11	Montevideo	24-07.00	2
14	486 Megan Madsen	8	St. Cloud Christian	20-10.00	1
15	382 Samantha Roering	7	Royalton	18-05.00	1
16	484 Faith Legatt	9	St. Cloud Christian	16-10.00	2

Section 5A True Team
Sauk Center - 5/9/2023
Results

Event 134 Boys Shot Put

Name		Yr	School	Finals	
Finals					
1	205 Francis O'Malley	11	Montevideo	52-00.00	2
2	273 Mitchell Moser	10	Morris Area/Chokio-Alberta	43-04.00	2
3	455 Carter Schuster	12	Sauk Centre	40-00.00	2
4	285 Vladmir Rosillo Lara	12	Morris Area/Chokio-Alberta	39-08.00	1
5	374 Kyler Panek	12	Royalton	38-01.00	2
6	432 Corey McCoy	12	Sauk Centre	37-03.00	1
7	111 Chris Wentland	9	Holdingford	36-04.00	1
8	126 Kenneth Czech	11	Minnewaska Area	36-03.00	1
9	70 Wyatt Miller	12	Holdingford	36-01.00	2
10	190 Fox Huber	12	Montevideo	35-05.00	1
11	175 Drew Winter	10	Minnewaska Area	33-00.00	2
12	2 Mason Commerford	11	Belgrade-Brooten-Elrosa	30-05.00	2
13	513 Anthony Heroux	10	St. John's Prep	30-04.00	2
14	353 Zachary Weis	10	Paynesville	29-09.00	2
15	8 Nate Geer	9	Belgrade-Brooten-Elrosa	29-09.00	1
16	516 Kim Jinmaidongzhu	10	St. John's Prep	28-04.00	1
17	333 Brice Messer	9	Paynesville	26-07.00	1
18	372 Christopher Novak	12	Royalton	21-07.00	1

Section 5A True Team
Sauk Center - 5/9/2023
Results

Event 135 Girls Discus Throw

	Name	Yr	School	Finals	
Finals					
1	144 Jayda Kolstoe	9	Minnewaska Area	117-02.50	2
2	129 Olivia Danielson	9	Minnewaska Area	92-08	1
3	246 Mylie Fehr	8	Morris Area/Chokio-Alberta	91-01	1
4	60 Emma Kobernusz	9	Holdingford	90-01.50	2
5	349 Katie Uhlenkamp	12	Paynesville	87-02.50	2
6	245 Maddie Fehr	10	Morris Area/Chokio-Alberta	85-07	2
7	428 Carmen Loxtercamp	11	Sauk Centre	85-05	1
8	416 Alicia Jennissen	12	Sauk Centre	83-08	2
9	341 Alivia Schaefer	8	Paynesville	80-00.50	1
10	204 Elizabeth O'Malley	9	Montevideo	78-10	2
11	113 Kiersten Wheat	12	Holdingford	73-05	1
12	214 Alanya Stenson	11	Montevideo	69-05	1
13	377 Ella Prokott	7	Royalton	62-08.50	1
14	4 Presley Detloff	11	Belgrade-Brooten-Elrosa	58-08	2
15	504 Brianna Chalich	9	St. John's Prep	56-07	1
16	382 Samantha Roering	7	Royalton	55-09.50	2
17	18 Abbey Schoumaker	10	Belgrade-Brooten-Elrosa	53-02	1

Section 5A True Team
Sauk Center - 5/9/2023
Results

Event 136 Boys Discus Throw

	Name	Yr	School	Finals	
Finals					
1	205 Francis O'Malley	11	Montevideo	154-11	2
2	432 Corey McCoy	12	Sauk Centre	119-04.50	2
3	62 Caleb Krattenmaker	9	Holdingford	118-11.50	2
4	273 Mitchell Moser	10	Morris Area/Chokio-Alberta	117-05.50	1
5	285 Vladmir Rosillo Lara	12	Morris Area/Chokio-Alberta	117-01	2
6	455 Carter Schuster	12	Sauk Centre	107-05.50	1
7	70 Wyatt Miller	12	Holdingford	104-06.50	1
8	209 Klay Poppe	11	Montevideo	103-08	1
9	126 Kenneth Czech	11	Minnewaska Area	91-08	2
10	538 Liam Spychala	10	St. John's Prep	84-11.50	2
11	326 Preston Kascht	9	Paynesville	77-02.50	2
12	513 Anthony Heroux	10	St. John's Prep	75-06	1
13	333 Brice Messer	9	Paynesville	73-09.50	1
14	363 Taylor Gleisner	7	Royalton	53-01.50	1
15	366 Henry Hofstad	8	Royalton	46-01	2

Section 5A True Team
Sauk Center - 5/9/2023
Results

Women - Team Rankings - 18 Events Scored

1) Minnewaska Area	563	2) Paynesville	535.5
3) Holdingford	520.5	4) Sauk Centre	460
5) Morris Area/Chokio-Alberta	418.5	6) Royalton	243.5
7) Montevideo	208	8) St. Cloud Christian	155
9) St. John's Prep	91.5	10) Belgrade-Brooten-Elrosa	27.5

Men - Team Rankings - 18 Events Scored

1) Sauk Centre	590.5	2) Montevideo	523.5
3) Holdingford	522.5	4) Minnewaska Area	443.5
5) Morris Area/Chokio-Alberta	386.5	6) Royalton	295
7) Paynesville	196.5	8) St. Cloud Christian	145
9) St. John's Prep	141	10) Belgrade-Brooten-Elrosa	19