

UIL Regional Championship
4A-Region 2
Texas A&M University-Commerce
April 28th- 29th, 2023

Events will begin no earlier than the time scheduled

UPDATED ON 4/27/23

Weigh-in Schedule: 8:00 - 8:30 AM
9:30- 10:30 AM.

Boys and Girls Pole Vault
Discus and Shot Put Weigh-In

Friday, April 28th

COACHES' MEETINGS 7:30 AM

We will have coaches' schedule on the west steps of Memorial Stadium. Please enter through the East participant gate.

FIELD EVENTS

- Horizontal Jumps and Throws shall report to their event area 30 Minutes before the event
- Vertical Jump shall report to their staging area one hour before the event

<u>TIME</u>	<u>EVENT</u>
9:00 AM	Pole Vault (B)
9:00 AM	Long Jump (G)
11:00 AM	Discus (B)
11:00 AM	Pole Vault (G)
11:30 AM	Long Jump (B)
1:30 PM	Discus (G)

TRACK PRELIMS: Order of Race - Girls Followed by Boys

- Check-In 30 minutes prior to event.
- Escorted to Track 10 minutes prior to start time

<u>TIME</u>	<u>EVENT</u>
9:00 AM	3200m
1:00 PM	4x100m Relay
1:20 PM	100/110m Hurdles
1:40 PM	100m
2:00 PM	4x200m Relay
2:30 PM	400m
3:15 PM	300m Hurdles
3:45 PM	200m
4:30 PM	4x400m Relay

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Saturday, April 29th

Weigh-in Schedule: 9:30- 10:30 AM.

Shot Put Weigh-In

FIELD EVENTS

- Horizontal Jumps and Throws shall report to their staging area 30 Minutes prior to event
- Vertical Jump shall report to their staging area one hour prior to event

<u>TIME</u>
10:00 AM
10:00 AM
11:00 AM
12:00 PM
1:00 PM
1:30 PM

<u>EVENT</u>
Triple Jump (G)
High Jump (B)
Shot Put (G)
Triple Jump (B)
High Jump (G)
Shot Put (B)

TRACK FINALS: Order of Race - Girls Followed by Boys

- Check-In 30 minutes prior to event.
- Escorted to Track 10 minutes prior to start time

<u>TIME</u>
3:00 PM
3:15 PM
3:30 PM
3:45 PM
4:00 PM
4:15 PM
4:30 PM
5:00 PM
5:30 PM
6:00 PM

<u>EVENT</u>
4x100m Relay
800m
100/110m Hurdles
100m
4x200m Relay
400m
300m Hurdles
200m
1600m
4x400m Relay